## Health through the power of nature, that's what it means to Trust the Leaf.®

Blessed Thistle (Cnicus benedictus) root has been traditionally used to aid digestion.\* Our Blessed Thistle is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

## **VEGETARIAN**

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HERBAL

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Recommendation: Take 2 capsules three times daily.

Caution: If pregnant, nursing or taking any medications, consult a healthcare professional before use. Persons with allergies to plants of the Asteraceae (Compositae) family including ragweed should use this product with caution.

## **Supplement Facts** Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving % DV Organic Blessed Thistle 780 mg (stem, leaf, flower)

Other ingredients: plant-derived capsule (hypromellose)

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\*\*Daily Value (DV) not established.

Questions? 1-800-9NATURE / naturesway.com