

RECOMMENDATIONS:

Adults take 1 capsule 2 times daily between meals or as directed by your health care provider.

Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Rhodiola should not be taken by individuals with bipolar disorder. Keep away from children. Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LIQUID PHYTO-CAPS® deliver a concentrated liquid herbal extract in a 100% vegetarian capsule. Manufactured exclusively by Gaia Herbs, Inc.

**Contains no animal
by-products and no gelatin**

**Tested FREE of
Heavy Metal Toxicity**



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HERBS | PROFESSIONAL
SOLUTIONS

SIBERIAN RHODIOLA ROSEA

Liquid Phyto-Caps®

Purity. Integrity. Potency.

60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Calories	5
Siberian Rhodiola root extract † (<i>Rhodiola rosea</i>) (6 mg† rosavins)	120 mg†

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule (vegetable cellulose), water

†= Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent
Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1

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Best By: