

Rhodiola Rosea

Rhodiola is a potent herb that helps the body adapt to stress in a healthy way.* Ecologically harvested from the pristine alpine meadows of Siberia, Gaia Herbs' Rhodiola optimizes energy levels while promoting a healthy mood.* Each serving of Rhodiola Liquid Phytocaps is concentrated to contain 6 mg of active Rosavins, delivering guaranteed quality and potency.

Suggested Use

Adults take 1 capsule 2 times daily between meals.

*Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Rhodiola should not be taken by individuals with bipolar disorder. **Keep away from children.** Use only as directed on label. Safety sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

Rhodiola Rosea

gaia[®]
HERBS

VALUE
SIZE

Single Herbs

Rhodiola
Rosea

Supports a healthy
response to stress*

meetyourherbs[®]

Enter ID # at GaiaHerbs.com

120

VEGETARIAN LIQUID PHYTO-CAPS[®]
DIETARY SUPPLEMENT

Enter ID# at GaiaHerbs.com BEST BY

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving

Calories 5

Siberian Rhodiola root extract †
(Rhodiola rosea) 120 mg†
(6 mg† rosavins)

†Daily Value not established.

Other ingredients: Vegetable glycerin, capsule
(vegetable cellulose), water

† = Ecologically Harvested

Gaia Herbs, Inc.
101 Gaia Herbs Dr, Brevard, NC 28712

Each capsule contains 850 mg dry herb equivalent.



A47001
[006] 790-0714

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.