



# St. John's Wort

*Hypericum perforatum*

- Supports a positive mood\*
- Made with non-GMO St. John's Wort



90 Vegetarian Capsules | Dietary Supplement

## Supplement Facts

Serving Size 1 Vegetarian Capsule

|                                                                                                            | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------------------------------------------------------------------------------|-----------------------|------------------|
| St John's Wort Extract<br>( <i>Hypericum perforatum</i> )(aerial parts)<br>std. to 0.3% hypericin (0.9 mg) | 300 mg                | *                |
| Organic St John's Wort<br>( <i>Hypericum perforatum</i> )(aerial parts)                                    | 150 mg                | *                |

\* Daily Value not established.

**Other ingredient:** Vegetable Cellulose.

**Does not contain:** Corn, Wheat, Gluten, Salt, Soy, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors, Artificial Flavors or Magnesium Stearate.

o These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** As a dietary supplement, take one (1) vegetarian capsule, 1-2 times per day, preferably with meals.

**WARNING:** Do not use St. John's Wort if you are pregnant, nursing or taking anti-depressants, HIV protease inhibitors (such as Indinavir) or drugs to prevent organ transplant rejection (such as Cyclosporine). Consult your physician before use if you are taking oral contraceptives, anticoagulant medication (such as Warfarin), selective serotonin reuptake inhibitors, or any other medication. Limit exposure to sun and other sources of ultraviolet light. Stop use and ask a doctor if you develop a rash.

**Distributed by:** Vitamin Shoppe, Inc.

Secaucus, NJ 07094

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STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT: Do not use if  
outer seal is broken or missing.

Item No.  
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