

Suggested Use

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Keep away from children. Use only as directed on label. Safety-untested for your protection. Keep bottle capped at all times and store in a cool, dry place.

meet your herbs®

We ensure the safety and efficacy of each Mushroom & Herb.

Vegan

No GMOs

Gluten-free

Purity-tested



gaia
HERBS

MADE WITH ORGANIC MUSHROOMS+HERBS

MUSHROOMS
+ HERBS

REISHI+TURMERIC

Immune & inflammatory support*

60 VEGAN CAPSULES
DIETARY SUPPLEMENT



The
GAIA DIFFERENCE



We use
FRUITING
BODIES,
with no fillers,
in potent
extract form.

MYCELIUM

In nature, plants and fungi work together to thrive. Our pure & potent combinations of Mushrooms+Herbs harness this ancient wisdom through lab-validated science.

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MUSHROOMS
+ HERBS

REISHI+TURMERIC

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DIETARY SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Synergy Blend 350 mg†

Reishi fruiting body extract ▲, Shiitake fruiting body extract ▲
(Lentinus edodes)

Herbal Synergy Blend 80 mg†

Turmeric root extract ▲ (Curcuma longa), Fermented ginger root ▲
(Zingiber officinale)

† Daily Value not established

Other ingredients: Vegan capsule (pullulan) ▲ = Organic ingredient
Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by GAH

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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REISHI+TURMERIC

We've combined Reishi, a well-known immune supportive Mushroom, with Turmeric, for a blend that supports both the immune and inflammatory responses.*



Vegan

No GMOs

Gluten-free

Purity-tested

meet your herbs®

We validate the purity, potency and identity of each Mushroom and Herb, and we share the results online to ensure the safety and efficacy of our products. Enter the ID # below at GaiaHerbs.com.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.

