

**PLANETARY<sup>®</sup>**  
**HERBALS**

# ESSENTIAL BOWEL SUPPORT™

FOR INTESTINAL HEALTH &  
REGULARITY\*  
1,095 MG • 120 TABLETS

HERBAL SUPPLEMENT  
Formulated by  
Michael Tierra L.Ac, O.M.D.

*Michael Tierra*

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 60

|                                                                                                                                                                                                 | Amount Per Serving | %DV  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Calories                                                                                                                                                                                        | 5                  |      |
| Total Carbohydrate                                                                                                                                                                              | 1 g                | <1%* |
| Dietary Fiber                                                                                                                                                                                   | 1 g                | 1%*  |
| Calcium                                                                                                                                                                                         | 46 mg              | 5%   |
| Proprietary Blend:                                                                                                                                                                              | 2.19 g             | †    |
| Organic Triphala (Chebulic Myrobalan Fruit, Amla Fruit, Belleric Myrobalan Fruit), Bael Tree Fruit Extract, Marshmallow Root Extract, Turmeric Rhizome Extract, Cardamom Seed, and Ginger Root. |                    |      |
| *Percent Daily Values (%DV) are based on a 2,000 calorie diet.                                                                                                                                  |                    |      |
| †Daily Value not established.                                                                                                                                                                   |                    |      |

Other ingredients: dibasic calcium phosphate, silicified microcrystalline cellulose, modified cellulose gum, stearic acid, silica, and magnesium stearate.

**Suggested Use:** 2 tablets three times daily.

**NOTE:** If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Planetary Herbals **ESSENTIAL BOWEL SUPPORT™** was developed by world-renowned herbalist Michael Tierra. This clinically derived formula features the legendary three-fruit Triphala compound for bowel regularity and reducing intestinal discomfort from occasional gas and bloating. Turmeric, bael tree, and marshmallow root further soothe, nourish, and promote overall, long-term healthy intestinal function.\*

**Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.**

STORE IN A COOL, DRY PLACE.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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Manufactured for:  
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