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Other ingredients: Cellulose, vegetable stearate and silica.

Manufactured in the USA by:

Douglas Laboratories

600 Boyce Road

Pittsburgh, PA 15205 USA

www.douglaslabs.com

1.800.245.4440

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

Suggested Usage: As a dietary supplement, adults take 1 tablet daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #7042



Magnesix™ Magnesium and B-6

A Dietary Supplement



100 Tablets

Supplement Facts

Serving Size 1 tablet

Servings Per Container 100

Amount Per Serving	%DV
Thiamine (as Thiamine HCl)10 mg	667%
Riboflavin2.4 mg	141%
Niacin.....20 mg	100%
Vitamin B-6..... 50 mg	2500%
(as Pyridoxine HCl)	
Folate.....400 mcg	100%
Magnesium50 mg	13%
(from Magnesium Chelate)	
Potassium50 mg	1%
(from Potassium Gluconate)	

Raw Adrenal Concentrate.....10 mg	*
(of bovine source; not an extract)	

*Daily Value not established.