

Suggested Use

Adults take 2 capsules in the morning and 1 capsule in the evening.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. **Keep away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

The Gaia Difference

 **Liquid potency, easy absorption**
Alcohol-free, Liquid Phyto-Caps®
U.S. Patent No. 6,238,696 B1

 **100% vegan and gluten-free**

 **Laboratory-tested for purity**
Free of heavy metal toxicity

Saw Palmetto

gaia
HERBS

SystemSupport

Prostate Health

Supports healthy prostate function*
meet your herbs®
Enter ID# at GaiaHerbs.com

 VEGAN LIQUID PHYTO-CAPS®
DIETARY SUPPLEMENT

BEST BY
Enter ID# at GaiaHerbs.com

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving

Calories 10
Saw Palmetto berry supercritical extract † 213 mg†
(Serenia repens) [181 mg† fatty acids]
Proprietary Extract Blend 620 mg†

Stinging Nettle root ▲ (Urtica dioica), Green Tea leaf ▲ (Camellia sinensis), White Sage aerial parts † (Salvia apiana), Pumpkin seed oil † (Cucurbita pepo), Pomegranate freeze-dried arils † (Punica granatum), Pomegranate seed oil † (Punica granatum), Rosemary leaf supercritical extract † (Rosmarinus officinalis)

†Daily Value not established

Other ingredients: Vegetable glycerin, water and capsule vegetable cellulose

▲ = Organic ingredient † = Ecologically harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Contains no more than 10 mg of caffeine per 2 capsules.
Each 2 capsules contain 3,650 mg dry herb equivalent.



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[007] 863-0217

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



BEST BY:

[007] 863-0217

SystemSupport

Addressing a root cause of less-than-optimal systemic balance can help enhance your vitality.* Gaia Herbs' SystemSupport™ products help naturally maintain your body's harmony and balance.*

Prostate Health

Prostate health is necessary for men's overall well-being and quality of life. Gaia Herbs' Prostate Health formula supports metabolism of male hormones and provides antioxidant protection with a unique blend of botanically derived ingredients including Pomegranate, White Sage, Green Tea, Nettle root, and Saw Palmetto.*

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Prostate Health

Supports healthy prostate function*

Optimizes men's health*
With Pomegranate

Antioxidant protection*
Green Tea & Rosemary extracts

meet your herbs®
SEE BACK OF BOX TO LEARN HOW

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DIETARY SUPPLEMENT

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gaiaTM plant
HERBS intelligence[®]

GAIA FARM
BREVARD, NC

On-site at Gaia Herbs 250-acre certified organic farm is our 45,000-square-foot certified organic manufacturing facility and analytical laboratory. Here, we test our herbs' natural chemistry as they grow, allowing us to harvest at peak potency.

meet your herbs®

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.