

Women's 50 Plus™ Multi

multi-vitamin supplement

60 VEGETARIAN CHLOROCAPS™



Supplement Facts

Serving Size: 2 Vegetarian ChloroCaps™

Servings Per Container: 30

Amount Per Serving	% DV†	Amount Per Serving	% DV†
Vitamin A (100% as natural beta carotene).....	2,500 IU.....50	Manganese (from manganese citrate).....	4 mg.....200
Vitamin C.....	120 mg.....200	Chromium (GTF, from Chromate™).....	120 mcg.....100
(from magnesium ascorbate and calcium ascorbate)		Molybdenum.....	75 mcg.....100
Vitamin D (ergocalciferol).....	1,000 IU.....250	(from molybdenum amino acid chelate)	
Vitamin E.....	30 IU.....100	Chloride (from potassium chloride).....	72 mg.....2
(natural d, alpha-tocopheryl succinate)		Potassium (from potassium chloride).....	80 mg.....2
Thiamin (from thiamine mononitrate).....	30 mg.....2,000	Cocoa Seed Extract.....	150 mg.....*
Riboflavin.....	34 mg.....2,000	(Theobroma cacao, standardized to 6% theobromine)	
Niacin (from niacinamide and niacin).....	40 mg.....200	Blueberry Fruit 4:1 Extract (Vaccinium spp.).....	100 mg.....*
Vitamin B6 (from pyridoxine HCl).....	60 mg.....3,000	DIM (Dindolylmethane).....	100 mg.....*
Folic Acid.....	400 mcg.....100	Astragalus Root (Astragalus membranaceus).....	35 mg.....*
Vitamin B12 (as cyanocobalamin).....	120 mcg.....2,000	Bromelain 1200 GDU/g.....	35 mg.....*
Biotin.....	50 mcg.....15	Black Cohosh Standardized Extract.....	25 mg.....*
Pantothenic Acid (from d-calcium pantothenate).....	50 mg.....500	(Cimicifuga racemosa, standardized to 2.5% 27-deoxyaceticin)	
Calcium.....	50 mg.....5	Curcumin C ³ Complex*.....	20 mg.....*
(from calcium chelate and calcium ascorbate)		Lutein (natural).....	2 mg.....*
Iodine (kelp).....	150 mcg.....100	Boron (from boron citrate).....	0.5 mg.....*
Magnesium (from magnesium ascorbate).....	50 mg.....12	Lycopene.....	0.5 mg.....*
Zinc (from zinc citrate).....	15 mg.....100		
Selenium (from L-selenomethionine).....	70 mcg.....100		
Copper (from copper gluconate).....	2 mg.....100		

† - % Daily Value * - Daily Value Not Established

Other Ingredients: Vegetable cellulose (preservative-free from hard shell capsule), cellulose, vegetable stearate, silica, and chlorophyll. NO salt, yeast, wheat, milk & egg products, sugar, or preservatives.

Two capsules daily with meals, as a dietary supplement.

Curcumin C³ Complex* is a registered trademark of Sabinsa Corporation.

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