



evening primrose oil

500mg

women's health^v

natural source
of GLA^v

specialty

120 softgels
dietary supplement

gluten
free

soy
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value [†]
Calories	5	
Total Fat	0.5 g	1%
Evening Primrose Oil (<i>Oenothera biennis</i>)(seed) providing: Gamma Linolenic Acid (GLA)	500 mg	*
Linoleic Acid (LA)	38 mg ^{††}	272 mg ^{††}
Oleic Acid (OA)	19 mg ^{††}	19 mg ^{††}

[†] Percent Daily values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Gelatin, glycerin, purified water.

^{††} Naturally occurring, amounts may vary.

Does not contain: Corn, Wheat, Gluten, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) softgel up to three (3) times daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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