



BETA- ALANINE

INCREASES MUSCLE STRENGTH
AND ENDURANCE
DELAYS MUSCLE FATIGUE

NET WT. 5.1 oz. (144 g) • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (1.6 g)

Servings Per Container 90

	Amount Per Serving	% Daily Value
Beta-alanine (CarnoSyn®)	1600 mg	*

* Daily Value not established.

Other ingredients: None

Does not contain: Wheat, Gluten, Sugar, Salt, Soy, Dairy, Fish, Artificial Flavors
or Colors.

These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.

DIRECTIONS: As a dietary supplement, mix 1 scoop of beta-alanine with
6-8 oz. of water or your favorite beverage, twice daily. For best results, use
immediately before training. Can also be used throughout the day.

WARNING: Consult your healthcare provider prior to use if you are pregnant,
nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

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Visit www.bodytech.com or call 1-800-223-1216 for more information and to reorder.

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