Himalaya®
SINCE 1930

GLUTEN FREE

HAPPINESS THROUGH WELLNESS

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Our cartons are made from 100% recycled fibers, including 40% post-consumer material. Our glass bottles contain at least 48% recycled content.

Ayurveda's most famous formula, Chyavanprash, has been used for thousands of years with seemingly no end to its applications. It is arguably the world's first superfood formula, with research spanning from immune health to respiratory support and even digestive wellness.*

Traditionally this recipe was served as a jam, which made for a sticky delivery system. We've made our formula available in a capsule for modern convenience with all the traditional herbs found in a jam.*

Featured on front: Honey and Honeycomb, Cinnamon (bark) & Cardamom (seeds)

GLUTEN FREE • cGMP

WHEAT CORN SOY

HUS-5033368

HAPPINESS THROUGH WELLNESS

Crafting traditional medicines based on Ayurveda, a 5,000 year old science that believes the journey back to wholeness begins with nurturing the capacity for joy.

Trusting the gifts of nature and the irreplaceable relationship between the plant and its native soil for consistent healing properties.

Contributing to the wellness of the earth by teaching our family of farmers to grow native plants sustainably on their land and reduce the demand on the local environment.

Building communities by advocating women in farming, protecting fair prices, providing maternal health, sponsoring clinical services and offering school wellness programs.

Believing that if wellness is the path to happiness, we must contribute to the wellness of all things. Wellness of people, wellness of the environment, wellness of our communities.

FAMILY OWNED FOR MORE THAN 85 YEARS

Lot No.:
Exp. Date:

Unvarnished area
28 x 8mm

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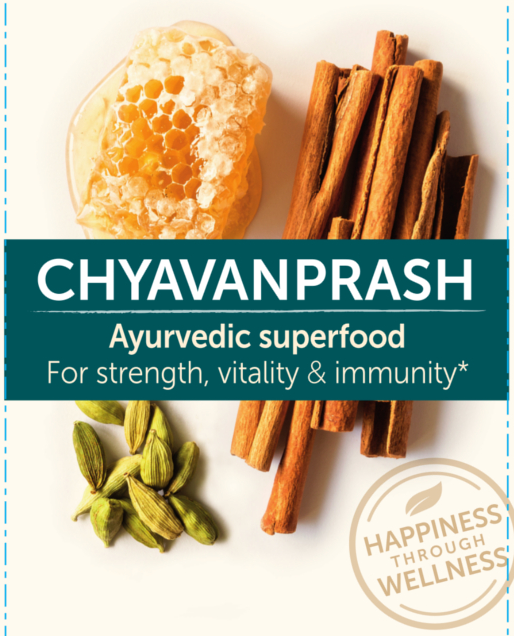

CHYAVANPRASH

Ayurvedic superfood

For strength, vitality & immunity*

HAPPINESS THROUGH WELLNESS

Herbal Supplement

60 VEGETARIAN CAPSULES

Recommended Use: Adults take 1 or 2 capsules twice daily with meals.

15-30 DAY SUPPLY

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

Amount Per Serving

Proprietary Herbal Blend	500 mg◆

amla° (fruit), sugarcane° (stem), honey, sesame° (seed), clarified butter, bamboo° (bamboo manna), Indian kudzu° (tuber), long pepper° (fruit), cardamom° (fruit), cinnamon° (bark), bael tree° (stem), Malay bush beech° (stem), oroxylum° (stem), Clerodendrum phlomidis° (stem), fragrant padri tree° (stem), sarivan° (whole plant), Uraria picta° (whole plant), Solanum anguivi° (whole plant), yellow-fruit nightshade° (whole plant), tribulus° (whole plant), heart-leaf sida° (whole plant), three-lobe-leaf cowpea° (whole plant), blue wiss° (whole plant), Phyllanthus amarus° (whole plant), grape° (dried fruit), Indian elecampane° (root), chebulic myrobalan° (pericarp), Indian tinospora° (stem), spiked ginger lily° (rhizome), cyperus° (tuber), boerhavia° (whole plant), vetiver° (root), water lily° (flower), Malabar nut tree° (aerial part), Pentatropis capensis° (fruit), Chinese pistachio° (gall), leptadenia° (whole plant), Polygonatum cirrhifolium° (tuber), Lilium polyphyllum° (flower), air potato° (tuber), Indian cassia° (leaf), mesua° (flower).

◆Daily Value not established — Extract°

Other Ingredients: Plant based cellulose (capsule), Calcium Carbonate, Microcrystalline Cellulose, Sodium Carboxymethylcellulose, Colloidal Silicon Dioxide, Magnesium Stearate. **Contains:** Milk.

Manufactured by:
The Himalaya Drug Company
Makali, Bangalore 562 162 (INDIA)
Mfg. Lic. No. AUS-83

Distributed by:
The Himalaya Drug Company
1101 Gillingham Lane, Sugar Land, Texas 77478

Product of India

Questions? Please call 1-800-869-4640
or visit **www.himalayausa.com**

Caution: As with any supplement, consult a healthcare practitioner before use if you are pregnant, nursing, taking medication, have a medical condition or are planning any medical procedure. Discontinue use and consult a healthcare practitioner if any adverse reactions occur. Keep out of reach of children.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.