

Warning: Do not use when nausea or vomiting are present or if pregnant or nursing unless directed by a healthcare professional. Consult a healthcare professional if you have noticed a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional if you are taking any medication or have diabetes, consult your healthcare professional before use.

NOTICE: This product contains Cascara Sagrada and Turkey Rhubarb. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara Sagrada and Turkey Rhubarb may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

 **VEGETARIAN**

◆ LN920.C01

BLK8257C



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM

**Nature's
Way**

FORMULA

Nurturalax 2

with Cascara Sagrada



**For Occasional
Constipation***

100 Vegetarian Capsules / 8 Herb Blend

DIETARY SUPPLEMENT

Recommendation: Take at bedtime as needed with a full glass of water. Adults and children age 12 years and over: Take 4 capsules. Not recommended for children under 12 years of age. Do not take more than 4 capsules in a 24-hour period. Do not take longer than one week, as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use.

Supplement Facts

Serving Size 4 Capsules / Servings per container 25

Amount per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Proprietary Blend	1.78 g	**
Cascara Sagrada (bark); Barberry Root (bark); Fennel (seed); Ginger (root); Goldenseal (aerial parts); Raspberry (leaf); Turkey rhubarb (root); Cayenne pepper (fruit)		

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), silica

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Questions? 1-800-9NATURE / naturesway.com

