

PLANETARY®
HERBALS

TRIPHALA LAXATIVE™

FOR OCCASIONAL CONSTIPATION*

690 MG • 120 CAPSULES

HERBAL SUPPLEMENT
Formulated by
Michael Tierra L.Ac, O.M.D.

Michael Tierra

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 40

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*

Proprietary Blend: 2.07 g †
Chebulic Myrobalan Fruit, Chinese Rhubarb Root Extract,
Amla Fruit, and Belleric Myrobalan Fruit, Marshmallow Root
Extract, Artichoke Leaf Extract, Ginger Root Extract,
Licorice Root Extract, Cyperus Rhizome, and Cascara
Sagrada Bark.

*Percent Daily values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: hydroxypropyl methylcellulose (capsule), silica,
and magnesium stearate.

Suggested Use: 2 capsules in the morning and 3 capsules in
the evening after meals with an 8 ounce glass of water. Do
not take for periods longer than two weeks.

STORE IN A COOL, DRY PLACE.

TRIPHALA LAXATIVE™ is a unique combination of
the legendary Ayurvedic blend Triphala and key
intestinal cleansers of Western herbalism for relief
from occasional constipation. Unlike many laxatives,
Triphala has been used traditionally to strengthen and
tone as it cleanses, which helps to restore normalcy,
health and efficiency to bowel function.*

NOTICE: This product contains buckthorn, cas-
cara, and rhubarb. Read and follow directions
carefully. Do not use if you have or develop
diarrhea, loose stools, or abdominal pain
because cascara, and rhubarb may worsen
these conditions and be harmful to your health.

Consult your physician if you have frequent diarrhea
or if you are pregnant, may become pregnant, nurs-
ing, taking medication, or have a medical condition.

**Do not use if either tamper-evident seal is broken
or missing. Keep out of the reach of children.**

***These statements have not been evaluated by
the Food and Drug Administration. This product
is not intended to diagnose, treat, cure or pre-
vent any disease.**

PF0610 REV D142-C

Manufactured for:
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