

# PLANETARY™

## HERBALS

# TRIPHALA LAXATIVE™

FOR OCCASIONAL CONSTIPATION\*

865 MG • 60 TABLETS

HERBAL SUPPLEMENT  
Formulated by  
Michael Tierra L.Ac, O.M.D.

*Michael Tierra*

### Supplement Facts

Serving Size 2 Tablets

Servings Per Container 30

	Amount Per Serving	%DV
Calories	5	
Total Carbohydrate	1 g	<1%*
Calcium	45 mg	5%
Proprietary Blend:	1.73 g	†

Chebolic Myrobalan Fruit, Chinese Rhubarb Root Extract, Amla Fruit, and Belleric Myrobalan Fruit, Artichoke Leaf Extract, Marshmallow Root Extract, Ginger Root Extract, Licorice Root Extract, Cyperus Rhizome, and Cascara Sagrada Bark.

\*Percent Daily values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, modified cellulose gum, maltodextrin, and silica.

**Suggested Use:** 2 tablets, twice daily after meals with an 8 ounce glass of water. Do not take for periods longer than two weeks.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

TRIPHALA LAXATIVE™ is a unique combination of the legendary Ayurvedic blend Triphala and key intestinal cleansers of Western herbalism for relief from occasional constipation. Unlike many laxatives, Triphala has been used traditionally to strengthen and tone as it cleanses, which helps to restore normalcy, health and efficiency to bowel function.\*

**NOTICE:** This product contains buckthorn, cascara, and rhubarb. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools, or abdominal pain because cascara, and rhubarb may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea or if you are pregnant, may become pregnant, nursing, taking medication, or have a medical condition.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:

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P.O. BOX 1760, SOQUEL, CA 95073  
www.planetaryherbals.com

