



selenium

100mcg

mineral

100 tablets
dietary supplement

antioxidant ✓

cellular health ✓

thyroid ✓

gluten
free

dairy
free

soy
free

nut
free

actual
size



Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Selenium (as L-selenomethionine)	100 mcg	182%

Other ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, purified water, hydroxypropyl methylcellulose, polyethylene glycol.

Does not contain: Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors or Flavors.

✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) tablet daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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