



BCAA & GLUTAMINE

SUPPORTS MUSCLE ENDURANCE,
GROWTH AND RECOVERY

DIETARY SUPPLEMENT

NET WT. 14.1 OZ. (401 g)

Supplement Facts

Serving Size 1 Scoop (6.8 g)

Servings Per Container 59

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	30 mg	33%
L-Glutamine†	2.5 g	*
L-Leucine†	2 g	*
L-Isoleucine†	1 g	*
L-Valine†	1 g	*

* Daily Value not established.

Other ingredients: None.

Does not contain: Wheat, Gluten, Sugar, Salt, Dairy, Soy, Fish,
Artificial Colors or Flavors.

† Free Form Amino Acids

These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, mix one (1) scoop (6.8 g) with 4-8 oz.
of water or your favorite beverage. For best results, use before and after training
and consume daily.

WARNING: Consult your healthcare provider prior to use if you are pregnant,
nursing, taking any medication or have any medical conditions.

BodyTech® BCAA & Glutamine Powder provides a precise 2:1:1 ratio of the
essential branched chain amino acids: L-Leucine, L-Isoleucine and L-Valine.
During times of metabolic stress (such as high intensity resistance training),
BCAAs may become fuel for your muscles and help aid in protein synthesis
and prevent catabolism (protein breakdown). Also added are L-Glutamine for
its anti-catabolic properties and antioxidant Vitamin C.

Pre and Post-workout support.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc., Secaucus, NJ 07094
Visit www.bodytech.com or call 1-800-223-1216
for more information and to reorder.



Item No.
VS-2082
1705549