

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Ex-Stress® is a calming blend with valerian, hops and other traditional herbs.* It is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, corn, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE /
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◆ LN50.C01 BLK8301C



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM

**Nature's
Way**

FORMULA

Ex-Stress®

Calming Formula*



100 Vegetarian Capsules / 445 mg

DIETARY SUPPLEMENT

Recommendation: Take 2 capsules daily, preferably with food.

Caution: Consult a healthcare professional before use if you are pregnant, nursing or taking sedatives, tranquilizers or any medications. Avoid alcohol and do not drive or operate machinery while taking this product. Discontinue use and consult healthcare professional if you have a liver disorder or develop symptoms of liver trouble, such as abdominal pain, dark urine, or jaundice.

Supplement Facts

Serving Size 2 Capsules / Servings per Container 50

Amount Per Serving	% DV
Ex-Stress® Blend	890 mg **
Lemon Balm (leaf), Wood Betony (stem, leaf, flower), Black Cohosh (root), Hops (flower), Valerian (root), Cayenne Pepper (fruit)	

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (modified cellulose)

