

SUGGESTED USE: Consume 30 - 45 minutes prior to workout. To ensure tolerance into a half-scoop of Pump Fuel® INSANITY with 8 oz. of cold water (adjust to desired taste) for the first 2 - 3 uses. If necessary increase dose to 1 heaping scoop. **FOR BEST RESULTS** take Pump Fuel® INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING: KEEP OUT OF REACH OF CHILDREN. For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing. Do not take if you are currently taking nitrate for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume caffeine or caffeine from other sources, including but not limited to coffee, tea, soda and other dietary supplements or medications containing phosphoryl or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phytylphosphine, epinephrine, pseudoephedrine or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recent hepatic, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. **WARNING** for California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. Do not use if tamper resistant seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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PUMP FUEL

INSANITY

INSANE ENERGY INTENSE PUMPS

ALL-IN-ONE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 1.95 LBS (890 g)

KRE-ALKALYN
Kre-Alkalyn® Creatine

CREATINE
MagnaPower®

Nitrosigine

CarnoSyn

KINETIQ

v.4

BALLISTIC BLUE RAZZ
Natural and Artificial Flavors

NO GLUTEN		NO LACTOSE		NO PRESERVATIVES		NO ASPARTAME		NO YEAST	
Supplement Facts									
Serving Size: 1 Heaping Scoop (29-g)									
Servings Per Container: 30									
Amount Per Serving 100%									
Calories		60							
Calories from fat		0							
Total Fat		0 g		0%					
Saturated Fat		0 g		0%					
Trans Fat		0 g		0%					
Cholesterol		0 mg		0%					
Total Carbohydrate		17 g		4%					
Dietary Fiber		0 g		0%					
Sugars		1 g		1					
Protein		0 g		0%					
Vitamin C (as ascorbic acid) 125 mg 20%									
Calcium (as calcium phosphate) 60 mg 6%									
Phosphorus (as sodium phosphate) 62 mg 6%									
Magnesium 140 mg 35%									
(as magnesium creatine chelate and oxide)									
Chromium (as chromium picolinate) 50 mcg 42%									
Sodium (as sodium chloride) 55 mg 2%									
Potassium (as potassium citrate) 64 mg 2%									
PUMP FUEL™ INSANITY Blend 31,500 mg (31.5 g)									
RAPID ATP™ v.4 Blend 3,000 mg (3.0 g)									
Creatine (Kre-Alkalyn®) 1,000 mg									
Magnesium Creatine Chelate 1,500 mg									
(Creatine MagnaPower®)									
NITRO(PUMP)™ Blend 3,000 mg (3.0 g)									
Pump Complex (L-Citrulline, Arginine sulfate) 2,000 mg									
Arginine (Nitrate Insulated) (Nitrosigline®) 500 mg									
BETA-BURN™ Agent 3,500 mg (3.5 g)									
Beta-Alanine (CarnoSyn®)									
AMINO(ENERGY)POCUT™ Blend 1,100 mg (1.1 g)									
Amino Complex:									
Taurine, L-Glutamine AAS, N-Acetyl L-Glutamine,									
L-Glutamine, L-Isoleucine, L-Leucine, L-Valine									
Energy and Focus Complex:									
Caffeine Anhydrous (500 mg), Citrus aurantium									
Extract (500 mg), P-Synephrine (KINETIQ™),									
L-Carnitine L-Tartrate, Guanosinepropionic Acid,									
Phosphatidyl Serine, L-Tyrosine									
GLYCO(CARN)™ Blend 15,040 mg (15.0 g)									
Dextrin Complex (Maltodextrin, Dextrin,									
Waxy Malt, Glycogen Powder,									
Glycine Propionyl-L-Carnitine HCl (GlycoCarn®),									
Acetyl L-Carnitine Arginate (ALC) (ArginoCarn®)									
†† Percent Daily Values (DV) based on a 2,000 calorie diet.									
1 Daily Value (DV) not established.									

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, FD&C Blue 1 Lake/FD&C Blue 1. Contains Soy. This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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KRE-ALKALYN
Kre-Alkalyn® Creatine

CREATINE
MagnaPower®

Nitrosigine

CarnoSyn
Carnosine Synthesis

KINETIQ

GLYCO(CARN)

ArginoCarn

APPORTS SUPPORT FOR

STRONG NITRIC OXIDE BOOST*

MAXIMUM POWER OUTPUT*

INSANE ENERGY AND FOCUS*

ENHANCED ENDURANCE*

QUICKER MUSCLE RECOVERY*

XTREME PERFORMANCE

XP

ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



EXPERIENCE THE ULTIMATE LEVEL OF INSANE HYPERTROPHIC AND ANABOLIC MADNESS! IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!

CAUTION: PUMP FUEL® INSANITY IS FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® INSANITY, with CLINICALLY STUDIED INGREDIENTS, is a fierce pre-workout expertly formulated with all the crucial muscle-building and performance-enhancing ingredients needed for extreme performance and maximum anabolic results. This elite pre-workout is built for **FULL THROTTLE WORKOUT EXPLOSIONS**. With PUMP FUEL® INSANITY it's not your typical pre-workout by adding things up a notch with an insane intense energy factor. PUMP FUEL® INSANITY contains the high energy from a "concentrate" supplement with all the additional benefits of a fully loaded pre-workout, offering you the absolute best of both worlds. PUMP FUEL® INSANITY is an unparalleled and unmatched pre-workout that will give you that edge to take your performance and workouts to the next level. FUEL UP!