theVitamin Shoppe®

B12 with folic acid

raspberry

energy production[v]

vitamin

4 fl. oz. (118 mL)

dietary supplement

gluten free

dairy free

soy free

nut free

Supplement Facts

Serving Size 1/5 Teaspoon (1 mL)
(One Full Dropper)
Servings Per Container: 118

	Amount Per Serving	% Daily Value
Folate	667 mcg DFE (400 mcg folic acid)	170%
Vitamin B12 (as cyanocobalamin)	1000 mcg	41670%

* Daily Value not established.

Other ingredients: Vegetable glycerin, deionized water, natural flavor, citric acid.

[v] This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

DIRECTIONS: As a dietary supplement for adults, take one full dropper (1 mL) daily, preferably after a meal.

Shake well before using.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216
for more information and to reorder.

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