WHAT MAKES ANAVITE THE BEST SPORTS MULTI-VITAMIN ON THE MARKET?

HIGH POTENCY A. B-COMPLEX, C. D. E VITAMINS FOR INCREASED ENERGY & ADVANCED PERFORMANCE

2000mg CARNITINE TARTRATE (PER 2 SERVINGS)

3200mg BETA-ALANINE (PER 2 SERVINGS)

ENHANCES POST EXERCISE MUSCLE RECOVERY

GOLD MEDALLION, HIGHLY BIO-AVAILABLE CERTIFIED CHELATED MINERALS



3200mg BETA-ALANINE PER 2 SERVINGS



2000mg CARNITINE TARTRATE PER 2 SERVINGS



GREAT TASTING + FASY TO MIX

ORANGE

60 SERVINGS

NATURALLY & ARTIFICIALLY FLAVORED

**DIETARY SUPPLEMENT NET WT. 15oz. (426g)** 

WITH MEALS | PRE | DURING | POST | BETWEEN MEALS

## **Supplement Facts**

Serving Size: 1 Scoop (7.1g) Servings Per Container: 60

	Amount Per Serving	% Daily Valu
Vitamin A (as beta-Carotene)	5000IU	1009
Vitamin C (as calcium ascorbate)	250ma	4179
Vitamin D (as cholecalciferol)	1000IÚ	2509
Vitamin E (as DL-alpha tocopheryl acetate)	30IU	1009
Vitamin K (as phytonadione)	45mcq	569
Thiamine (Vitamin B1 as thiamine hydrocholride)	15mg	10009
Riboflavin (vitamin B2)	20mg	11769
Niacin (as niacinamide)	50mg	2509
Vitamin B6 (as pyridoxine hydrochloride)	10mg	500°
Folate (as folic acid)	200mcg	509
Vitamin B12 (as methylcobalamin)	250mcg	41679
Biotin	300mcg	100
Pantothenic Acid (as d-calcium pantothenate)	50mg	500
Calcium (as Calci-K® calcium potassium phosphate-citrate)	122mg	129
Phosphorus (as Calci-K <sup>®</sup> calcium potassium phosphate-citrat	e) 44mg	4'
Iodine (from Kelp)	75mcg	509
Magnesium (as magnesium monoaspartate)	200mg	50
Zinc (as zinc glycinate chelate)	15mg	100
Selenium (as selenium amino acid chelate)	35mcg	509
Copper (as copper amino acid chelate)	1mg	50
Manganese (as manganese amino acid chelate)	1mg	509
Chromium (as TRAACS® chromium nicotinate glycinate chela		509
Molybdenum (as molybdenum amino acid chelate)	4mcg	59
Potassium (as Calci-K® calcium potassium phosphate-citrate)	74mg	2
CarnoSyn® Beta-Alanine	1600ma	
Carnitine-Tartrate	1000mg	
Boron (as Albion® bororganic glycine*)	25mcg	

OTHER INGREDIENTS: Artificial Flavors, Xanthan Gum, Malic Acid, Sucralose, Maltodextrin, Silicon Dioxide, Calcium Silicate,

## **DIRECTIONS AND USE:**

Take one scoop 2-3 times per day. Mix one scoop with 6 fl. oz of cold water (to desired sweetness) and consume immediately 20-30 minutes prior to training or add to your post training recovery drink. During your workout and throughout the day it is recommended you drink plenty of water.

WARNING: Check with a qualified healthcare professional before using this product if you are under 18 years of age or if you have any known or suspected medical conditions(s) and/or are taking any prescription or OTC medication(s)

FOR STATE OF CALIFORNIA RESIDENTS ONLY: (California Proposition 65). This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place. Store at 15°-30°C (59°-86°F) Protect from heat, light and moisture. Do not purchase if seal is broken.

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