

**USAGE:** Take 1 capsule per day on an empty stomach or as directed by your qualified health care consultant.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

**GPLC** is a propionyl ester of carnitine (PLC) that includes a glycine component. Compared with other forms of carnitine, PLC exhibits a special affinity for muscle tissues, including those of the heart and skeletal muscles.\* GPLC is a powerful antioxidant that scavenges free radicals – protecting against lipid peroxidation, assists in energy production – contributing to proper carbohydrate metabolism, improved muscle function and reduced lactic acid buildup during low-oxygen conditions such as exercise,\* and provides powerful support for peripheral arterial blood flow.\*

AminoCarnitine® L-Carnitine is manufactured by Sigma-Tau Industries, S.p.A. (Rome, Italy), the pioneer in L-Carnitine science.

**Keep out of the reach of children.**

AminoCarnitine® is a registered trademark of Sigma-Tau Industries, S.p.A.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Glycine Propionyl-L-Carnitine HCl is protected by U.S. Patent # 6,703,042 B1.

Lot #. Best Used Before:

**Jarrow FORMULAS®**

**Glycine Propionyl-L-Carnitine HCl**

**GPLC**

**Supports Arterial Blood Flow\***

**GlycoCarn®**



**60**

**VEGETARIAN  
CAPSULES**

**vegan**



**Dietary Supplement**

**Supplement Facts**

Serving Size 1 Capsule

Servings Per Container 60

|  | Amount Per Serving | % DV |
|--|--------------------|------|
|--|--------------------|------|

|                                   |        |   |
|-----------------------------------|--------|---|
| Glycine Propionyl-L-Carnitine HCl | 750 mg | * |
|-----------------------------------|--------|---|

\* Daily Value not established.

Other Ingredients: Silicon dioxide, magnesium stearate (vegetable source) and cellulose. Capsule consists of hydroxypropylmethylcellulose.

Store in a cool, dry place. DO NOT refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

**Jarrow FORMULAS®**

Superior Nutrition and Formulation™

P.O. Box 35994

Los Angeles, CA 90035-4317

[www.Jarrow.com](http://www.Jarrow.com)



**AminoCarnitine®**  
sigma-tau HealthScience Inc.  
The Metabolic Approach



02311GPLC

PROD # 102012

7 90011 02012 7  
© 2011 Jarrow FORMULAS®