RECOMMENDATIONS:

Adults take 3 capsules after the evening meal or as directed by your

health care provider. Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Keep away from children. Safety sealed and store in a cool dry place. Natural separation may occur. This does not affect product quality.

LICUID PHYTO-CAPS® deliver a

concentrated liquid herbal extract in a 100% vegetarian capsule, Manufactured exclusively by Gaia Herbs, Inc.

Contains no animal by-products and no gelatin







MILK THISTLE

Liquid Phyto-Caps®

Purity. Integrity. Potency. 60 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts Serving Size 3 Capsules

Servings Per Container 20

Amount Per Serving Calories

Milk Thistle seed extract + (Silvbum marianum)

(360 mgt Silvmarins from Milk Thistle seed)

† Daily Value not established

Other ingredients: Vegetable glycerin, lecithin (non-GMO), water, and capsule (chlorophyll vegetable cellulose)

+ = Ecologically Harvested

Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Each 3 capsules contain 24,300 mg dry herb equivalent. Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1