

Suggested Use

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

meet your herbs®

We ensure the safety and efficacy of each Mushroom + Herb.

Vegan
Gluten-free

No GMOs
Purity-tested



gaia
HERBS

MADE WITH ORGANIC MUSHROOMS+HERBS

MUSHROOMS
+ HERBS

MENTAL CLARITY

Supports memory & cognitive function*



60 VEGAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Synergy Blend 250 mg†

Lion's Mane fruiting body extract ▲ (Hericium erinaceus), Reishi fruiting body extract ▲, Cordyceps fruiting body extract ▲ (Cordyceps militaris)

Herbal Synergy Blend 170 mg†

Gotu Kola leaf ▲ (Centella asiatica), Holy Basil leaf ▲ (Ocimum sanctum), Rosemary leaf ▲ (Rosmarinus officinalis)

† Daily Value not established

Other ingredients: Vegan capsule (pullulan) ▲ = Organic ingredient

Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by QAI

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



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The
GAIA DIFFERENCE



MYCELIUM

In nature, plants and fungi work together to thrive. Our pure & potent combinations of Mushrooms+Herbs harness this ancient wisdom through lab-validated science.

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MENTAL CLARITY

The brain is the body's control center; a healthy brain and clear mind are essential to wellbeing. *Mental Clarity* includes Mushrooms like Lion's Mane, traditionally used to support the nervous system, and promote cognitive function and a healthy memory.* Reishi & Gotu Kola traditionally have been used to support healthy circulation in the brain.* *Mental Clarity* provides antioxidant support and promotes a healthy inflammatory response.*

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Gluten-free Purity-tested

meet your herbs®

We validate the purity, potency and efficacy of each Mushroom and Herb, and we share the results online to ensure the safety and efficacy of our products. Enter the ID # below at GaiaHerbs.com.