

Suggested Use

Adults take 40-60 drops of extract in a small amount of water 3-4 times daily between meals.

Shake well before using. Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use.

Keep away from children.

Use only as directed on label.

Safety-sealed for your protection.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GaiaHerbs.com

**ALCOHOL
FREE**

Melissa Supreme

Supports healthy focus & calmness*

gaia
HERBS

DIETARY SUPPLEMENT 1 FL OZ (30ML)

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Supplement Facts

Serving Size 60 Drops (2 ml)
Servings Per Container 15

Amount Per Serving

Proprietary Extract Blend 2 ml†

Skullcap aerial parts fresh extract ▲
(*Scutellaria lateriflora*), Oats milky seed fresh extract ▲
(*Avena sativa*), Passionflower flowering vine ▲
(*Passiflora incarnata*), Chamomile flowers ▲
(*Matricaria recutita*), Lemon Balm aerial parts ▲
(*Melissa officinalis*), Gotu Kola leaf ▲
(*Centella asiatica*), Irish Moss fronds +
(*Chondrus crispus*)

Herb Strength Ratio 1:2.5

†Daily Value not established

Other Ingredients: Vegetable glycerin and water

▲ = Organic ingredient

+ = Ecologically harvested

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