

SUGGESTED USE: Take 1 **PYRO STIM® 7** capsule daily, preferably with a meal and with 6-8 oz. of water. To avoid sleeplessness, avoid taking within 6 hours of bedtime. To be used as part of a healthy lifestyle consisting of regular physical activity and a proper diet.

WARNING: KEEP OUT OF REACH OF CHILDREN.

For use by healthy adults only. Not for use by those under the age of 18. Do not exceed recommended dose or daily intake. Do not use if you are pregnant, nursing, or allergic or contraindicated to aspirin. Before consuming, seek advice from a health care professional if you are unaware of your current health condition. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing caffeine. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, blood-thinning, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Do not use if you have blood pressure or heart conditions. Consult your physician prior to use if you have a medical condition, including but not limited to, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat.

WARNING for California residents only: This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. Discontinue use 2 weeks prior to surgery or if you experience rapid heartbeat, dizziness, severe headache, shortness of breath, or upset stomach. Do not use if tamper resistant seal is broken. **STORE IN A COOL DRY PLACE. AVOID EXCESSIVE HEAT.**

CONSUMER NOTICE: FillLife Brands can only confirm product purity when our brands are purchased from authorized retailers, on gnc.com, or on metisnutrition.com. For an approved list of retailers, go to metisnutrition.com.

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For Product Questions: **MetisNutrition.com**



Complex Thermogenic

[Clinically Studied Ingredients]



7N1

Support For



Metabolism*



Toning*



Energy*



Focus*



Appetite Control*



Mood*



Recharge*



60 Capsules

60 Servings

Supplement Facts

Serving Size 1 Capsule **Servings Per Container** 60

	Amount Per Serving	%DV
Vitamin B3 (Niacin)	1 mg	6%
Vitamin B6 (as Pyridoxine HCl)	9 mg	529%
Vitamin B12 (as Methylcobalamin)	25 mcg	1,042%
Chromium (as Chromium Citrate)	0.75 mcg	2%

PYRO STIM® 7 Proprietary Blend: 700 mg †

THERMO STIM Blend:

Energy Complex [Caffeine Anhydrous, Green Tea (*Camellia sinensis*) Leaf Powder](300 mg), Theacrine (as TeaCrine®)(25 mg), Cayenne Pepper (*Capiscum annum*)(40,000 HU)(Capsi-Cuts®)(25 mg), Yohimbe Bark Ext. (*Pausinystalia yohimbe*)(9 mg)
 QJ995™ Quercetin, Evodia *rutecarpa* Fruit Ext. (Evodiamine)

COGNITIVE FOCUS Blend: Choline Bitartrate, Alpha-GPC (L-Alpha Glycerylphosphorylcholine), DMAE (Dimethylaminoethanol Bitartrate), Ginkgo *biloba* Leaf Ext., GABA (Gamma-Aminobutyric Acid), Phosphatidyl Serine Powder

INSUL-THYROID SUPPORT Blend: L-Tyrosine, R-ALA (R-Alpha Lipoic Acid), Gum guggul Ext. (*Commiphora mukul*), Kelp Whole Plant (*Laminaria digitata*), Chromium Citrate

HYDRO SHED Blend: Uva Ursi (*Arctostaphylos purpurea*) Leaf Powder, Dandelion (*Taraxacum officinale*) Root Powder, Buchu (*Agathosma betulina*) Leaf Ext., Niacin

CORTISOL-ADRENAL SUPPORT Blend: Holy Basil (*Ocimum sanctum*) Leaf Powder, Rhodiola *rosea* Root Ext. (10% Total Rosavins), Ashwaganda Root Powder (*Withania somnifera*), Reishi Mushroom (*Ganoderma lucidum*) Powder, Magnolia *officinalis* Bark Ext.

ABSORPTION Agents: White Willow (*Salix alba*) Bark Ext. (Salicin), Black Pepper (*Piper nigrum*) Fruit Ext. (BioPiperine®)

Percent Daily Value (DV) is based on a 2,000 calorie diet.
 † Daily Value (DV) is not established.

Other Ingredients: Gelatin (Bovine), Silicon Dioxide, Vegetable Magnesium Stearate, Microcrystalline Cellulose, Titanium Dioxide.

Contains Soy. Product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.