### Suggested Use

# Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medicalisms, please cannot with your dector before using this product. Neap away from children, lise only as directed on lates. Suchly-sealed for year partection. Keep battle capped at all lines and store in a road, dry place.

### The Gaia Difference

Plant-derived capsule
No animal by-products

100% vegan and gluten-free



Single Herbs

# Maca Root

Supports energy & stamina\*

meetyourherbs

✓ 60 VEGAN CAPSULES
DIETARY SUPPLEMENT

Made

#### Made With Organic Maca

# Supplement Facts Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving

Gelatinized Maca root ▲ 500 mg†

† Daily Value not established

Other ingredients: Vegan capsule (pullulan)

▲ = Organic ingredient

Manufactured for: Gaia Herbs. Inc.

101 Gaia Herbs Dr., Brevard, NC 28712 GaiaHerbs.com 51063||99753

[004] 943-0217

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Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



[004] 943-0217

# Single Herbs

Individual herbs in their vibrant, natural form support each person uniquely. Gaia Herbs' Single Herbs contain concentrated extracts of an individual medicinal herb, to deliver nature's vitality to you.\*

## Maca Root

Gaia Herbs' Maca Root capsules contain vegetarian, gelatinized Maca. The gelatinization process cleanly removes plant starches, leaving easily digestible, concentrated and beneficial Maca constituents. Maca Root capsules are a convenient way of taking Maca each day. Gaia Herbs also offers gelatinized Maca Root Powder.

## The Gaia Difference

Plant-derived capsule
No animal by-products

100% vegan and gluten-free

Laboratory-tested for purity
Free of heavy metal toxicity



With Organic Maca

Single Herbs

# Maca Root

# Supports energy & stamina\*

Supports healthy libido\* Revitalizing Peruvian tonic\*

Promotes emotional well-being\* Adaptogenic super food\*

meetyourherbs'
SEE BACK OF BOX TO LEARN HOW

### SEED TO LEARN HOW

# Supplement Facts Serving Size 1 Capsule Servings Pag Captaines 40

Servings Per Container 60

### Amount Per Serving

Gelatinized Maca root 🛦 (Lepidium meyenii)

Daily Value not established

Other ingredients: Vegan capsule (pullulan)

A = Organic ingredient

Manufactured for: Gaia Herbs, Inc. 101 Gaia Herbs Dr., Brevard, NC 28712 GaiaHerbs.com

## Suggested Use

### Adults take 1 capsule 2 times daily between meals.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool. div place.

▲ WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.Pó5Warnings.ca.gov/food.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



### GAIA FARM BREVARD, NC

Over 40 crops are grown each year on our certified organic farm. 250 fragrant acres of Valerian, Echinacea, Holy Basil, Hawthorn, Nettles and more grace our valley. Each plant thrives naturally here, in one of the most fertile bioregions in the world.

## meetyourherbs?

Track the life story of each herb in your bottle by entering its ID# at GaiaHerbs.com.

PURITY: Trace the origin of each herb back to its source.

INTEGRITY: See analytical results for this product.

POTENCY: Validate each herb's full phytochemical complex.