



Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet. ‡

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery. ‡

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption. ‡

- NO INFERIOR PROTEINS
- NO GLUTEN or SOY
- NO ION EXCHANGED WHEY
- NO TRANS FAT or DEXTROSE
- NO PROPRIETARY BLENDS
- NO HIDDEN INGREDIENTS
- NO FILLERS or EXCIPIENTS
- NO BANNED SUBSTANCES

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	Conditionally Essential Amino Acids (CAAs)	Nonessential Amino Acids (NAAs)
tryptophan 1443mg	Arginine 1489mg	Aspartic Acid 4998mg
Valine ** 3223mg	Cysteine 56mg	Serine 2568mg
Threonine 3111mg	Isoleucine 2034mg	Glycine 1045mg
Isoleucine ** 3263mg	Histidine 1148mg	Alanine 2188mg
Leucine ** 5181mg	Proline 4041mg	
Lysine 4483mg	Glutamic Acid 9730mg	
Phenylalanine 1509mg	(Glutamine Precursor)	
Methionine 1159mg		

** Branched Chain Amino Acids



NUTRABIO

BUILD | REPAIR | GROW ‡

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER ‡

- NO FILLERS
- NO EXCIPIENTS
- NO TRANS FAT

650 Calorie Carb Formula
High Concentration of BCAAs
Complete Spectrum Amino Acid Profile

6lb

Natural Flavoring
Dietary Supplement
Net Wt. 6 lb (2722 g)

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

53G
PROTEIN
11G
BCAAs

NON-GMO
®D

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

(Serving size: 4 scoops (74.6 grams))
(Servings per container: 18)

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 660		Iron <1mg	45%*
Calories from Fat 50		Phosphorus (potassium phosphate) 407mg	40%*
Total Fat 4g	8%*	Iodine (potassium iodate) 201mcg	134%*
Saturated Fat 4g	20%*	Magnesium (magnesium oxide) 126mg	32%*
Cholesterol 118mg	38%*	Zinc (zinc sulfate) 15mg	180%*
Total Carbohydrate 107g	34%*	Selenium (selenium chelate) 70mcg	180%*
Dietary Fiber 5g	20%*	Copper (copper oxide) 2mg	100%*
Sugars 7g	†	Chromium (chromium picolinate chelate) 120mcg	180%*
Protein 53g	106%*	Sodium 175mg	7%*
Vitamin A (palmitate) 5031IU	100%*	Potassium (potassium phosphate) 448mg	139%*
Vitamin C (ascorbic acid) 60mg	100%*		
Vitamin D (cholecalciferol) 4000IU	100%*	Multivitamin (Long Chain Polymeric Reactant) 85g	†
Vitamin E (dl-α-tocopheryl acetate) 50IU	100%*	Whey Protein Concentrate (WPC-80 (non-denatured)) 47.7g	†
Vitamin K (phylloquinone) 80mcg	100%*	(21% protein flow from and ultra-filtered WPC-80 (not processed) - manufactured with surface lactose, holding (dry complex) protein)	
Thiamin (thiamine mononitrate) 1.5mg	100%*	Micellar Casein 19.7g	†
Riboflavin (Vitamin B2) 2.1mg	124%*	(not processed) - manufactured with surface lactose, holding (dry complex) protein)	
Vitamin B3 (niacinamide) 20mg	100%*	WOT Powder (Molitor-Dan) 4.5g	†
Vitamin B6 (pyridoxine HCl) 2mg	100%*	(not processed) - manufactured with surface lactose, holding (dry complex) protein)	
Folic Acid 400mcg	100%*	Digestive Resistant Multivitamin 5.4g	†
Vitamin B12 (methylcobalamin) 6mcg	100%*	Flavor Profile 1.5g	†
Biotin 300mcg	100%*	(not tested for 1g, sodium 0.5mg, salt 0.5mg)	
Pantothenic Acid (vitamin B5) 10mg	100%*		
Calcium 680mg	89%*		

* Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

Other Ingredients: ABSOLUTELY NONE.

Allergens: Milk, Egg, Soy, Non-GMO, Gluten Free, Soy Free, & BSE/TSE Free.
This product is intended as a dietary supplement only. Do not consume as a sole source of nutrition.
Small portions of product may contain some volume. Some settling of contents may have occurred during shipping and handling. Store in a cool, dry place. Sealed product is guaranteed (may settle to the bottom during shipping).

(These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.)

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VANILLA