

Power your life with pure plant energy!

Since the days of the Inca Empire, Maca has been used as a caffeine-free, plant-based performance enhancer.* Grown and cultivated in the volcanic

soils of the high Peruvian Andes, Maca thrives in this extreme environment. Traditionally used to promote energy and vitality, and support a healthy libido for men and women, the power

of Maca is now available in a convenient powder.* Our Maca is steam and pressure extracted using a process known as gelatinization, which removes the starch and provides Maca which is concentrated and easily digested.*

meet your herbs[®]

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com



gaia
HERBS

GELATINIZED

maca
powder

Vegan. Organic.
Gluten-free. Non-GMO.



Supports healthy
energy & stamina*

DIETARY SUPPLEMENT

NET WT 16 oz (454 g)

Supplement Facts

Serving Size 2 Teaspoons (5g)
Servings Per Container About 91

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	2 g	†
Protein	less than 1 g	1%*
Iron	1 mg	3%
Organic Maca root ▲ (Lepidium meyenii)	5 g	†

* Percent Daily Values are based on a 2,000
calorie diet.

† Daily Value not established

▲ = Certified Organic Ingredient

Manufactured for: Gaia Herbs, Inc.
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GaiaHerbs.com

Certified Organic by Oregon Tilth
PRODUCT OF PERU

⚠ WARNING: Consuming this product can expose you to
lead, which is known to the State of California to cause birth
defects or other reproductive harm. For more information go to
www.P66Warnings.ca.gov/food.

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Suggested Use

Adults take 2 teaspoons daily.
Dissolves easily in liquid.
Add to a post-workout
smoothie, juice, or sprinkle
on a chai latte!

*Not to be used during pregnancy or
lactation. If you have a medical condition
or take medications, please consult with
your doctor before using this product.*

Keep away from children. Use only as
directed on label. Safety-sealed for your
protection. Store in a cool, dry place.
Keep away from heat and direct sunlight.

Want to have some
fun with your Maca?
Find easy and delicious
recipes using Maca
Powder at
GaiaHerbs.com/Recipes



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