

Suggested Use

Adults take 2 teaspoons daily.
Dissolves easily in liquid. Add to a post-workout smoothie, juice, or sprinkle on a chai latte!

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before using this product.
Keep away from children. Use only as directed on label. Safety-sealed for your protection. Store in a cool, dry place. Keep away from heat and direct sunlight.

meet your herbs[®]

Track the purity, integrity and potency of this product by entering the ID# at GaiaHerbs.com

Power your life with pure plant energy!



Since the days of the Inca Empire, Maca has been used as a caffeine-free, plant-based performance enhancer.* It has traditionally been used to promote energy and vitality, and support a healthy libido for men and women.* Our Maca is steam- and pressure-extracted using a process known as gelatinization, which removes the starch and provides Maca which is concentrated and easily digested.*



gaia[®]
HERBS

GELATINIZED

maca

powder



Supports healthy energy & stamina*

DIETARY SUPPLEMENT NET WT 8 oz (227 g)

Vegan. Organic.
Gluten-free. Non-GMO.

Supplement Facts

Serving Size 2 Teaspoons (5g)
Servings Per Container About 45

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%†
Total Sugars	2 g	†
Protein	less than 1 g	1%*
Iron	1 mg	3%
Organic Maca root ▲ (Lepidium meyenii)	5 g	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

▲ = Certified Organic Ingredient
Manufactured for: Gaia Herbs, Inc.,
101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth
PRODUCT OF PERU

Want to have some fun with your Maca? Find easy and delicious recipes using Maca Powder at GaiaHerbs.com/Recipes

⚠ WARNING: Consuming this product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.PbRiskwarnings.ca.gov/food.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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