



Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-6 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet. †

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery. ‡

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino acid packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption. ‡

NO INFERIOR PROTEINS **NO GLUTEN or SOY**
NO ION EXCHANGED WHEY **NO TRANS FAT or DEXTROSE**
NO PROPRIETARY BLENDS **NO HIDDEN INGREDIENTS**
NO FILLERS or EXCIPIENTS **NO BANNED SUBSTANCES**

HIGH CONCENTRATION OF BCAAs & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	Conditionally Essential Amino Acids (CAAs)	Nonessential Amino Acids (NAAs)
Arginine 1443mg	Asparagine 1493mg	Aspartic Acid 4893mg
Valine ** 3223mg	Cysteine 55mg	Serine 2569mg
Threonine 3111mg	Glutamine 2834mg	Glycine 1845mg
Isoleucine ** 3263mg	Histidine 1149mg	Alanine 2189mg
Leucine ** 5181mg	Proline 4941mg	
Lysine 4488mg	Glutamic Acid 9730mg	
Phenylalanine 1906mg	(Glutamine Precursor)	
Methionine 1156mg		

** Branched Chain Amino Acids

21
YEARS
1994-2015

TRUE LABEL
FULL LABEL DISCLOSURE



NUTRABIO

BUILD | REPAIR | GROW ‡

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER†

NO FILLERS
NO EXCIPIENTS
NO TRANS FAT

650 Calorie Clean Formula
 High Concentration of BCAAs
 Complete Spectrum Amino Acid Profile

18lb

Natural Flavoring
 Dietary Supplement
 Net Wt. 18lb (8166 g)

MADE IN OUR
GMP
— & —
FDA
INSPECTED
FACILITY

53G
PROTEIN
11G
BCAAs
NON-GMO
®/®

FULL LABEL DISCLOSURE
NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving Size: 4 scoops (134.4 grams)
 Servings per container: 47

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 660		Iron <1mg	4%
Calories from Fat 50		Phosphorus (potassium phosphate) 407mg	43%
Total Fat 8g	9%	Iodine (potassium iodide) 291mcg	134%
Saturated Fat 4g	20%	Magnesium (magnesium oxide) 126mg	32%
Cholesterol 115mg	38%	Zinc (zinc stearate) 15mg	100%
Total Carbohydrate 139g	34%	Selenium (selenium dioxide) 70mcg	100%
Dietary Fiber 8g	20%	Copper (copper oxide) 2mg	100%
Sugars 7g	†	Chromium (chromium nicotinate chelate) 120mcg	100%
Protein 53g	106%	Sodium 175mg	7%
Vitamin A (palmitate) 603IU	100%	Potassium (potassium phosphate) 488mg	13%
Vitamin C (ascorbic acid) 60mg	100%		
Vitamin D (cholecalciferol) 400IU	100%	Maltodextrin (Long Chain Polymeric Fructose) 90g	†
Vitamin E (dl- α -tocopherol acetate) 30IU	100%	Whey Protein Concentrate (WPC 80 (non-denatured)) 47.7g	†
Vitamin K (phylloquinone) 60mcg	100%	(90% whey protein concentrate and 10% WPC80. Cold processed. Indicated with surface texture. See Serving Size for more.)	
Threonine (threonine) 1.5mg	100%	Micellar Casein 19.8g	†
Valine (valine) 3.1mg	134%	(Cold processed. Indicated with surface texture. See Serving Size for more.)	
Vitamin B1 (thiamine) 25mg	100%	MCT Powder (medium chain triglycerides (C8-C12) (coconut oil) 4.5g)	†
Vitamin B6 (pyridoxine-HCl) 2mg	100%	Digestive Resistant Maltodextrin 5.4g	†
Folic Acid 400mcg	100%	Flavor Profile 1.3g	†
Vitamin B12 (methylcobalamin) 6mcg	100%	(natural vanilla flavor) (g, natural vanilla, etc.)	
Biotin 300mcg	100%		
Pantothenic Acid (Vitamin B5) 10mg	100%		
Calcium 690mg	69%		

Other Ingredients: ABSOLUTELY NONE.
 Allergens: Milk,
 Kosher, Non-GMO, Gluten Free, Soy Free, &
 100% TSE Free

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS A SOLID WEDGE. VOLUME, SOME SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING. SHAKING IN A CUP OR SERVING SCOOP (INCLUDED) MAY SETTLE TO THE BOTTOM DURING SHIPPING.]

[These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.]

NUTRABIO

WITHOUT COMPROMISE SINCE 1994

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VANILLA