

The GAIA DIFFERENCE



We use
FRUITING
BODIES,
with no fillers,
in potent
extract form.

MYCELIUM

In nature, plants and fungi work together to thrive. Our pure & potent combinations of Mushrooms+Herbs harness this ancient wisdom through lab-validated science.

gaia
HERBS

MADE WITH ORGANIC MUSHROOMS+HERBS

MUSHROOMS
+ HERBS

LIVER DEFENSE

Daily liver &
immune support*



VEGAN CAPSULES
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

Mushroom Synergy Blend 250 mg†

Turkey Tail fruiting body extract ▲ (*Trametes versicolor*), Maitake fruiting body extract ▲ (*Grifola frondosa*), Reishi fruiting body extract ▲

Herbal Synergy Blend 175 mg†

Chinese Skullcap root ▲ (*Scutellaria baicalensis*), Astragalus root extract ▲ (*Astragalus membranaceus*), Schisandra berry ▲ (*Schisandra chinensis*)

† Daily Value not established

Other ingredients: Vegan capsule (pullulan)

▲ = Organic ingredient

Manufactured for: Gaia Herbs, Inc.
101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by QAI

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Suggested Use

Adults take 1 capsule 2 times daily. Best results obtained with long-term use.

Not to be used during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Keep away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place.

WARNING: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LIVER DEFENSE

The liver is an integral part of the immune system, in addition to controlling many natural detoxification channels in the body. *Liver Defense* helps maintain liver function, which nourishes the immune system, with the Mushrooms Reishi, Turkey Tail and Maitake.* Chinese Skullcap, Astragalus and Schisandra help support a healthy inflammatory response in the liver.* *Liver Defense* is formulated to promote immune support and liver defense.*

Vegan No GMOs
Gluten-free Purity-tested

meetyourherbs®

We validate the purity, potency and identity of each Mushroom and Herb, and we share the results online to ensure the safety and efficacy of our products. Enter the ID # below at GaiaHerbs.com.



Gaia Herbs makes conscious choices to keep our planet healthy. This carton is made from 100% recycled paperboard, including at least 35% post-consumer material. Our amber glass bottles contain at least 30% recycled content.



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