A.M.

Raw Nutrients™ Multivitamin

Liver Guard

GlucoBolic™

Clinical Strength Omega-3

Digestive Enzymes

BEYOND RAW®

RAW ELEMENTS™

CLINICAL GRADE NUTRITIONAL SUPPORT FOR THE INTENSELY DRIVEN

A.M./P.M. VITAPAK®

P.M.

Raw Nutrients™ Multivitamin

Liver Guard

GlucoBolic™

ZMAg P.M.

DIETARY SUPPLEMENT

30 A.M. / 30 P.M. PACKS

CODE 210911 CSG

DIRECTIONS: As a dietary supplement, take one A.M. pack in the morning and one P.M. pack 30-60 minutes before bedtime.

Raw Nutrients™ Multivitamin

Supplement Facts

Serving Size Two Beige Caplets
One Caplet in the A.M. Pack; One Caplet in the P.M. Pack

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate) ..... 1050 mcg	117%
Vitamin C (as Ascorbic Acid) ..... 75 mg	83%
Vitamin D-3 (as Cholecalciferol) ..... 30 mcg	150%
Vitamin E (as d-alpha Tocopheryl Succinate) ..... 24.79 mg	165%
Vitamin K (as Phytonadione) ..... 80 mcg	67%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate) ..... 1.65 mg	138%
Riboflavin (Vitamin B-2) ..... 1.87 mg	144%
Niacin (as Niacinamide) ..... 20 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride) ..... 3.3 mg	194%
Folate ..... 667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin) ..... 25 mcg	1042%
Biotin ..... 300 mcg	1000%
Pantothenic Acid (as Calcium d-Pantothenate) ..... 16.5 mg	330%
Choline (as Choline Bitartrate) ..... 2.5 mg	<1%
Calcium (as Calcium Carbonate and Dicalcium Phosphate) ... 225 mg	17%
Iodine (as Potassium Iodide) ..... 150 mcg	100%
Magnesium (as Magnesium Oxide) ..... 125 mg	30%
Zinc (as Zinc Oxide) ..... 20 mg	182%
Selenium (as Sodium Selenite) ..... 100 mcg	182%
Copper (as Cupric Sulfate) ..... 2 mg	222%
Manganese (as Manganese Sulfate) ..... 2 mg	87%
Chromium (as Chromium Chloride) ..... 125 mcg	357%
Molybdenum (as Sodium Molybdate) ..... 75 mcg	167%
Amino Acid Blend ..... 10 mg	*
(L-Taurine, L-Methionine, L-Glutamine, L-Carnitine)	
Lutemax® 2020 Lutein ..... 0.5 mg	*
Zeaxanthin ..... 100 mcg	*
Inositol ..... 2.5 mg	*
Lycopene ..... 600 mcg	*
Boron (as Boron Citrate) ..... 150 mcg	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Croscarmellose Sodium, Maltodextrin, Stearic Acid Vegetable Source, Titanium Dioxide (Mineral Whitener), Magnesium Stearate Vegetable Source, Vegetable Acetoglycerides, Natural Vanilla Mint Flavor, Caramel Color, Sucralose.

Liver Guard

Supplement Facts

Serving Size Three Capsules
One Capsule in the A.M. Pack; Two Capsules in the P.M. Pack

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid) ..... 60 mg	67%
Milk Thistle Seed Extract ..... 1300 mg	*
(*Silybum marianum*)(50% Silymarin = 650 mg)	
N-Acetyl-L-Cysteine ..... 600 mg	*
Betaine (as BETAPOWER® Betaine Anhydrous) ..... 200 mg	*
Picrorrhiza Kurroa Root Extract (5% Apocynin = 10 mg) ..... 200 mg	*
Setria® L-Glutathione ..... 50 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Rice Flour, Magnesium Stearate Vegetable Source, Silica.

For More Information:
1-888-462-2548
BEYONDRAW.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

GlucoBolic™

Supplement Facts

Serving Size Two Capsules
One Capsule in the A.M. Pack; One Capsule in the P.M. Pack

Amount Per Serving	% Daily Value
Chromium (as Hydrolyzed Protein Chelate) ..... 400 mcg	1143%
Cinnamon Bark Powder (*Cinnamomum burmannii and cassia*) ..... 500 mg	*
Bitter Melon Powder (*Momordica charantia*) ..... 100 mg	*
Fenugreek Seed Powder (*Trigonella foenum-graecum*) ..... 100 mg	*
Turmeric Root/Rhizome Extract (*Curcuma longa*) ..... 50 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Gelatin, Cellulose, Magnesium Stearate Vegetable Source.
CONTAINS: Wheat.

Clinical Strength Omega-3

Supplement Facts

Serving Size One Yellow Softgel Capsule
One Softgel in the A.M. Pack

Amount Per Serving	% Daily Value
Calories 15	
Total Fat ..... 1.5 g	2%†
Total Omega-3s ..... 1065 mg	*
Total EPA + DHA ..... 1000 mg	*
EPA (Eicosapentaenoic Acid) Omega-3 ..... 734 mg	*
DHA (Docosahexaenoic Acid) Omega-3 ..... 267 mg	*
Other Omega-3s ..... 65 mg	*

† Percent Daily Value based on a 2,000 calorie diet.
* Daily Value not established.

OTHER INGREDIENTS: Fish Body Oil, Softgel and Enteric Coating (Gelatin, Glycerin, Stearic Acid, Sodium Alginate, Ethylcellulose, Medium Chain Triglycerides, Oleic Acid), Mixed Tocopherols.
CONTAINS: Fish (Anchovy, Mackerel, Sardine, Smelt, Salmon, Tuna, Cod or a Combination Thereof) and Soybeans.

Digestive Enzymes

Supplement Facts

Serving Size One Capsule
One Capsule in the A.M. Pack

Amount Per Serving	
n•zimes® Proprietary Blend ..... 145.25 mg	*
Amylase 7000 DU, Protease 4.5 15000 HUT, Lipase AN 250 FIP, Glucoamylase 11 AGU, Protease 3.0 15 SAPU, Bromelain 300000 FCCPU, Protease 6.0 2000 HUT, Papain 280000 FCCPU, Cellulase 100 CU, Malt diastase 125 DP	
CereCalase® Proprietary Blend ..... 5 mg	*
Hemicellulase, beta-glucanase, Phytase	

* Daily Value not established.

OTHER INGREDIENTS: Dicalcium Phosphate, Cellulose, Magnesium Stearate, Silicon Dioxide, Gelatin.
CONTAINS: Milk, Soybeans and Wheat.

ZMAg P.M.

Supplement Facts

Serving Size One Light Blue Caplet
One Caplet in the P.M. Pack

Amount Per Serving	% Daily Value
Vitamin B-6 (as Pyridoxine Hydrochloride) ..... 15 mg	882%
Magnesium (as Magnesium Aspartate 450 mg) ..... 90 mg	21%
Zinc (as Zinc Citrate) ..... 30 mg	273%
L-Theanine ..... 100 mg	*
L-Tyrosine ..... 100 mg	*
L-Tryptophan ..... 100 mg	*
GABA (gamma-Aminobutyric Acid) ..... 50 mg	*
Melatonin ..... 1 mg	*

* Daily Value not established.

OTHER INGREDIENTS: Cellulose, Povidone, Stearic Acid Vegetable Source, Croscarmellose Sodium, Silicon Dioxide, Magnesium Stearate Vegetable Source, Titanium Dioxide (Mineral Whitener), Carmine Color, Red Cabbage Juice Powder (For Color), Natural Vanilla Mint Flavor, Vegetable Acetoglycerides, Stevia Leaf Extract.

A.M. PACK

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

P.M. PACK

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Discontinue use two weeks prior to surgery.

betaPOWER

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