



1 capsule



1x daily



with food

**Suggested Use:** As a dietary supplement, take 1 capsule daily, preferably with a meal, or as directed by your physician.

**Warning:** NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN. If you are pregnant, breast feeding, have known medical conditions (including kidney or liver disease) or are taking prescription or OTC medication(s) consult with your health care practitioner before using this product.



MANUFACTURED IN A  
**GMP & FDA**  
INSPECTED FACILITY

**NUTRABIO**<sup>®</sup>

VITAMIN B-12

# METHYL B-12

Pharmaceutical Grade.

HPLC Lab Tested for Potency.

120 caps  
120 SERVINGS



**1000**  
MICROGRAMS

MADE IN A  
**GMP**  
&  
**FDA**  
INSPECTED  
FACILITY

## Supplement Facts

Serving size: 1 vegetable capsule  
Servings per container: 120

	Amount Per Serving	% DV
Vitamin B-12 (as methylcobalamin)	1000 mcg	16,666%

\* Daily value (DV) not established.

Other Ingredients: rice flour (to fill capsule volume), vegetable capsule.

STORE IN A COOL DRY PLACE.

**NUTRABIO**<sup>®</sup>  
Since 1996

Manufactured by NutraBio Labs, Inc.  
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†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Ⓢ  
Dietary Supplement  
Vegetable Capsule