

 *Health through the power of nature,  
that's what it means to Trust the Leaf.®*

**Hair & Skin** formula is a specially balanced blend of herbs, enzymes and other nutrients to support healthy hair, skin & nails.\* Our Hair & Skin formula is carefully tested and produced to superior quality standards.

**Caution:** If you are pregnant, nursing, have kidney dysfunction or are taking any medications, consult a healthcare professional before use.

**Keep out of reach of children.** Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

**GLUTEN FREE.** No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

©2016 Distributed by Nature's Way Brands, LLC  
Green Bay, WI 54311 USA

**Questions?** 1-800-9NATURE / naturesway.com

◆ LN79240.B01 B212214B C8224



\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



# Hair & Skin

*with MSM and Glucosamine*



**ALSO for  
NAILS\***

**100 Capsules / 7 Herb Blend**

DIETARY SUPPLEMENT

**Recommendation:** Take 4 capsules daily, preferably with food.

## Supplement Facts

Serving Size 4 Capsules / Servings per Container 25

| Amount Per Serving                                                                                                                             | % DV   |      |
|------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Total Carbohydrate                                                                                                                             | <1 g   | <1%† |
| Biotin                                                                                                                                         | 1.6 mg | 533% |
| Methyl Sulfonyl Methane (MSM)                                                                                                                  | 600 mg | **   |
| Cayenne Pepper (fruit)                                                                                                                         | 160 mg | **   |
| Fo-Ti (root)                                                                                                                                   | 160 mg | **   |
| Glucosamine HCl (shrimp, lobster)                                                                                                              | 160 mg | **   |
| Horsetail (aerial parts)                                                                                                                       | 160 mg | **   |
| Kelp (whole thallus)                                                                                                                           | 160 mg | **   |
| Oat straw (aerial parts)                                                                                                                       | 160 mg | **   |
| Rosemary (leaf)                                                                                                                                | 160 mg | **   |
| Stinging Nettle (leaf)                                                                                                                         | 160 mg | **   |
| Concentrated Enzyme formula<br>(Protease I, Protease II, Amylase,<br>Lactase, Peptidase, Cellulase,<br>Invertase, Alpha Galactosidase, Lipase) | 100 mg | **   |

†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate, silica  
Contains shellfish (shrimp and lobster).