

Recommendation: Take 3 capsules twice daily, preferably with food.

Caution: Do not use if pregnant or nursing. If you have diabetes or are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE / naturesway.com



◆ LN79200.E01 BLK8047E



*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



Blood Sugar

Metabolism Blend*

with Cinnamon & Gymnema



Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin A (as beta carotene from mixed carotenoids)	1,500 IU	30%
Cinnamon (<i>Cinnamomum aromaticum</i>) (bark)	400 mg	**
Gymnema (leaf) Extract standardized to 25% gymnemic acids (62.5 mg)	250 mg	**
Fenugreek (seed) Extract	210 mg	**
Bitter Melon (fruit) Extract	150 mg	**
Prickly Pear (leaf)	150 mg	**
Bilberry (leaf)	100 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: plant-derived capsule (hypromellose), cellulose, magnesium stearate