

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE: Take 3 capsules before bedtime on an empty stomach. Do not consume with milk or dairy (blocks bioavailability). **For Anabolic Results:** Stack with N-TEST 600[®] or Methyl Andro[™] to produce a 24-hour testosterone boosting stack. **As a PCT (Post-Cycle Therapy):** Use alone for 4 weeks. *To be used as part of a physical conditioning program.*

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dose. Not intended for use by persons under the age of 18. For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. This product is not intended for use by those with a serious medical condition. Consult your physician prior to use if you are taking OTC, prescription medication (including but not limited to MOA Inhibitors), or other dietary supplements. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery. Do not use if tamper resistant seal is broken. **WARNING for California residents only:** This product contains a chemical known in the state of California to cause birth defects or other reproductive harm. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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For Product Questions: PMD5sports.com

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Nocturnal
Growth Blend



HEALTHY TESTOSTERONE[®]

DIETARY SUPPLEMENT | 30 CAPSULES



Support For: **Blocking Estrogen, Boosting Natural Growth Factor, and Promoting Restful Sleep[®]**

Trib-X Blend[™]: **Support Testosterone / Block Estrogen[®]**

Supplement Facts

Serving Size 3 capsules Servings Per Container 30

	Amount Per Serving	% DV ^{††}
Vitamin B6 (Pyridoxine HCl)	5 mg	250%
Magnesium (Aspartate)	17 mg	4%
Zinc (Amino Acid Chelate)	15 mg	100%

Trib-X Blend[™]: **830 mg** **
Tribulus Ext. (*Tribulus terrestris*), Oat Straw Stem & Leaf Ext. (*Avena sativa*), Indole-3-Carbinol, Diindolymethane (DIM), Chrysin

Nocturnal Growth Blend: **487 mg** **
L-Dopa (*Mucuna pruriens*) Seed Ext. 25%,
Gamma Aminobutyric Acid (GABA), Melatonin (3 mg)

Mental Relax-5 Blend[™]: **500 mg** **
Passion Flower (*Passiflora incarnata*), Chamomile (*Maticaria chamomilla*) Flower Ext., White Button Mushroom (*Agaricus bisporus*), L-Theanine (Suntheanine[®]), 5-Hydroxytryptophan (*Griffonia simplicifolia*) Seed Ext.

^{††} Percent Daily Value (DV) based on a 2,000 calorie diet

** Daily value (DV) not established

Other Ingredients: Gelatin (Bovine), Vegetable Magnesium Stearate, Microcrystalline Cellulose, Titanium Dioxide, FD&C Blue 1, FD&C Red 3, FD&C Yellow 6. **Gluten Free.** Suntheanine[®] is a registered trademark of Taiyo International, Inc.