

RECOMMENDATIONS:

Adults take 2 capsules daily in the evening after dinner, or as directed by your health care provider. Best results obtained with long term use.

*Not recommended during pregnancy or nursing without consulting with your health care provider prior to use. **Keep away from children.** Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

- Contains no animal by-products and no gelatin
- Tested **FREE** of Heavy Metal Toxicity
- **Liquid Phyto-Caps®** deliver a concentrated liquid herbal extract in a 100% vegetarian capsule.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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HPA AXIS SLEEP CYCLE*

Liquid Phyto-Caps®

Purity. Integrity. Potency.

120 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving

Calories	10
Ashwagandha root extract + (<i>Withania somnifera</i>)	80 mg†
Reishi Mushroom fruiting body extract ▲ (<i>Ganoderma lucidum</i>)	70 mg†
Cordyceps Mushroom fruiting body extract ▲ (<i>Cordyceps militaris</i>)	50 mg†
Proprietary Extract Blend	750 mg†
Mimosa Tree bark + (<i>Albizia julibrissin</i>), Magnolia bark + (<i>Magnolia officinalis</i>), Vervain aerial parts ▲, Lemon Balm aerial parts ▲ (<i>Melissa officinalis</i>), Cinnamon bark ▲	

† Daily Value not established

Other ingredients: Vegetable glycerin, water and capsule (vegetable cellulose)

▲ = Organic ingredient + = Ecologically harvested

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Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1

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Best By: