

RECOMMENDATIONS:

Adults take 2 capsules 2 times daily after meals or as directed by your health care provider.

*Not recommended during pregnancy or nursing without consulting your health care provider prior to use. Rhodiola should not be taken by individuals with bipolar disorder. **Keep away from children.** Safety-sealed for your protection. Keep bottle capped at all times and store in a cool dry place. Natural separation may occur. This does not affect product quality.*

- Contains no animal by-products and no gelatin
- Tested **FREE** of Heavy Metal Toxicity
- **Liquid Phyto-Caps®** deliver a concentrated liquid herbal extract in a 100% vegetarian capsule.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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DAYTIME MAINTENANCE*

Liquid Phyto-Caps®

Purity. Integrity. Potency.

120 LIQUID-FILLED CAPSULES • 100% VEGETARIAN

A DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per Serving

Calories	10
Siberian Rhodiola root extract + (<i>Rhodiola rosea</i>) (6 mg† Rosavins)	120 mg†
Holy Basil leaf supercritical extract + (<i>Ocimum sanctum</i>) (3.86 mg† total Eugenols)	90 mg†
Proprietary Extract Blend	520 mg†
Oats milky seed fresh extract ▲ (<i>Avena sativa</i>), Holy Basil leaf ▲ (<i>Ocimum sanctum</i>), Schisandra berry + (<i>Schisandra chinensis</i>), Ashwagandha root extract + (<i>Withania somnifera</i>)	

† Daily Value not established

Other ingredients: Vegetable glycerin, water, capsule
(vegetable cellulose) and olive oil

▲ = Organic ingredient + = Ecologically harvested

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Gaia Herbs Liquid Phyto-Caps® U.S. Patent No. 6,238,696 B1



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Best By: