

Fizzy Mag™

magnesium plus
vitamin D3

dietary supplement

300 GRAMS



Supplement Facts

Serving Size: One (1) Rounded Scoop (approximately 5 grams)

Servings Per Container: 60

Amount Per Serving		% DV*
Vitamin C (ascorbic acid)	120 mg	200
Vitamin D3 (cholecalciferol)	1,000 IU	250
Magnesium (elemental)	400 mg	100
Zinc (elemental)	15 mg	100
Potassium (elemental)	98 mg	2
Glycine	500 mg	*
Boron (elemental)	3 mg	*

†-% Daily Value *Daily Value Not Established

Ingredients: Magnesium carbonate, citric acid, xylitol, glycine, natural berry and other natural flavors, potassium carbonate, ascorbic acid, boron citrate, zinc citrate, silicon dioxide, and vitamin D3 (cholecalciferol).

NO corn, soy, salt, yeast, gluten, egg products, sugar, starch, or preservatives.

One (1) rounded scoop (approximately 5 grams) in one half glass of water or juice for daily magnesium supplementation prior to retiring for sleep.

The minerals are formed into citrate, glycinate, and ascorbate ionic forms naturally during the effervescent process.

Essential nutrients, like minerals, can be difficult to break down and absorb. Fizzy Mag™, effervescent liquid, can improve the absorbability of hard-to-digest minerals.

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