Your Health

HIGHLAND

B-12 Essential Trio™

Our Planet™

GMP

Folinate, Methylcobalamin & B-6
Natural Blueberry Flavor

DIETARY SUPPLEMENT 2 Fluid Ounces



Serving Size: 1 Dropper Bulb Squeeze (Approximately half a dropper full, Approximately 0.84 grams)
Servings Per Container: 80

Amount Per Serving		% DV [†]
Vitamin B6 (from Pyridoxine HCl)	4 mg	200
Folinate (from Calcium Folinate)		
Vitamin B12 (Methylcobalamin)	2,000 mcg	33,333

†-% Daily Value

Other Ingredients: Vegetable Glycerin, Purified Water, Citric Acid, Potassium Sorbate, and Natural Blueberry Flavor.

NO soy, salt, yeast, gluten, milk & egg products, sugar, starch, or artificial colors or flavors.

Take one serving by mouth in the morning.

Refrigerate after opening.



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