

USAGE: Take 1 capsule 1 or 2 times per day or as directed by your qualified health care consultant.

NOTE: Prolonged or elevated intake may alter liver function tests without affecting actual liver function. Inform your physician that you are ingesting NAC if you undergo liver function tests. If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications, consult your health care practitioner before using this product.

N-ACETYL-L-CYSTEINE (NAC) is a powerful antioxidant amino acid and a precursor in the body to the critical antioxidant glutathione.* Glutathione exerts a variety of protective effects, including detoxification and intracellular defense against oxidative stress.* Substances known to reduce glutathione status are acetaminophen and alcohol.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



02311NAC
PROD # 107002

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Jarrow FORMULAS®

N-A-C

N-Acetyl-L-Cysteine

- **Precursor to Glutathione***
- **Supports Liver & Lung Function***

500 mg 100 Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

	Amount Per Capsule	% DV
N-Acetyl-L-Cysteine	500 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, magnesium stearate (vegetable source) and silicon dioxide. Capsule consists of gelatin.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Store in a cool, dry place, or at room temperature, and away from light.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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Lot #. Best Used Before: