

5-HTP

100 mg.

*serotonin support
dietary supplement*

30 VEGETARIAN CAPSULES



Supplement Facts

Serving Size: 1 Vegetarian Capsule

Amount Per Serving	% DV†
Niacin	5 mg 25
Vitamin B6 (from pyridoxine HCl)	10 mg 500
5-Hydroxytryptophan	100 mg *
(from <i>Griffonia simplicifolia</i> seed)	

† - % Daily Value * - Daily Value Not Established

Other Ingredients: Enhance™, vegetable cellulose (preservative-free, from capsule shell), deep mined calcium phosphate, cellulose, magnesium trisilicate, silica, and magnesium stearate.

NO soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives

One capsule daily, as a dietary supplement.

Enzyme co-factors B-6 and Niacin are associated with serotonin production.

Formulated with Enhance™
metabolite uptake enhancers.
Contains citrus products.



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