

Recommended Dosage: As a dietary supplement, take 1 Packet of No. 48, Lady Nouvelle daily with a glass of water or juice. (Each packet contains 2 tablets of WHF and 1 tablet of each of the following: No. 28, No. 38 and No. 92.) For optimum results, use this product with other Wachtlers' supplements.

THIS PRODUCT WAS SEALED FOR YOUR PROTECTION. DO NOT USE IF SEAL HAS BEEN TAMPERED WITH.

Keep out of reach of children

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

No. 48, Lady Nouvelle is an exclusive scientific formulation designed to support the unique nutritional needs of a woman. This product contains antioxidants Natural Vitamins E, C and A (Beta Carotene) plus high levels of B vitamins. This combination contains at least 100% of the U.S. Daily Value for 13 Vitamins and Minerals. Vitamins E and C reduce oxidative damage and improve circulation. Vitamin C can help prevent fat accumulation in blood vessels. The B vitamins may help strengthen the kidneys, improve energy levels and reduce nervousness. Selenium enhances Vitamin E uptake and is a vital antioxidant Vitamin E may reduce hot flashes and help balance mood swings. Female specific herbs like Wild Yam Root, Dong Quai and Chaste Berry have been included to ease emotional variations.*

*This Statement has not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure or prevent any disease.

This, like all of our products, contains the Wachtlers' Exclusive Blend of Sea Vegetation®, a unique combination comprising up to 15 different species of the highest quality sea vegetation from around the world, which serves as a synergistic activator of the other ingredients in this product, thereby enhancing their effectiveness.

Wachtlers' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch or animal products. No heat, moisture or chemicals are used in preparation of Lady Nouvelle.



WACHTERS'



No. 48

NON-GMO

Lady Nouvelle A Multi-Vitamin/Mineral and Herbal Dietary Supplement

Dietary Supplement
150 Tablets / 30 Packets

Supplement Facts

Serving size: 1 Packet of 5 tablets

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (beta carotene)	6000 IU	120%
Vitamin C (as ascorbic acid, rose hips, acerola)	1150 IU	1917%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	550 IU	1833%
Thiamin (as mononitrate)	50 mg	3335%
Riboflavin (as Vitamin B2)	50 mg	2941%
Niacin (as niacin and niacinamide)	55 mg	275%
Vitamin B6 (as pyridoxine hydrochloride)	51 mg	2550%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	830%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	75 mg	750%
Calcium (as carbonate, amino acid chelate)	300 mg	30%
Iron (from Ferromyl as Iron Carbonate)	9 mg	50%
Magnesium (as oxide, amino acid chelate)	30 mg	7.5%
Zinc (as gluconate)	3.75 mg	25%
Selenium (as amino acid chelate)	120 mcg	171%
Copper (as gluconate)	500 mcg	25%
Manganese (as gluconate)	1.5 mg	75%
Chromium (as chromium complex TM)*	50 mcg	42%
Potassium (as chloride, amino acid chelate)	8.5 mg	0%
Para-Aminobenzoic Acid	25 mg	*
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Proprietary Blend consisting of:	1525 mg	*

Wachtlers' Exclusive Blend of Sea Vegetation®, Wild Yam Root Extract (*Dioscorea villosa*), Dong Quai Root, Extract and Powder (*Angelica sinensis*), Ribonucleic Acid, Chaste Berry Extract (*Vitex agnus castus*), Branch Chain Amino Acid Complex (L-Isoleucine, L-Leucine, L-Valine), Chlorophyll, Lemon Bioflavonoids (fruit), Deoxyribonucleic Acid, Evening Primrose Powder (*Oenothera biennis*), Borage Powder (*Borago officinalis*), Chamomile Flowers (*Matricaria recutita*), Kudzu Root (*Pueraria lobata*), Red Raspberry Leaf (*Rubus idaeus*), Valerian Root (*Valeriana officinalis*), Rutin (from sophora japonica flower), Hesperidin Complex (from orange, lemon, grapefruit peel), Papain (from papaya), Lecithin, Lutein and Bromelain (from pineapple)

*Daily Value not established

Wachtlers' Exclusive Blend of Sea Vegetation® is a registered trademark of Wachtlers' Organic Sea Products and is an exclusive combination of multi-marine plant sources.

Ferromyl®, is a registered trademark of ISP Corporation

*Chromium Complex TM is a proprietary blend of chromium (as nicotinate, picolinate +, amino acid chelate, aspartate, polynicotinate).

+Chromium Picolinate U.S. Patent No. 33,988 by Nutrition 21

Manufactured By Wachtlers' Organic Sea Products

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To report a serious adverse event or obtain product information, call 1-800-682-7100

Made in U.S.A.

Code # 5430