

Also available
in 120 count

Melatonin

*3 mg. / time released
dietary supplement*

60 VEGETARIAN CAPSULES



Supplement Facts

Serving Size: 1 Vegetarian Capsule

Amount Per Serving	% DV†
Pure Crystalline Melatonin.....	3 mg.....*

† - % Daily Value * - Daily Value Not Established

Other Ingredients: Enhance™, cellulose, deep mined calcium phosphate, vegetable cellulose (preservative-free, from capsule shell), magnesium trisilicate, silica, and magnesium stearate.

NO soy, salt, yeast, gluten, milk & egg products, sugar, starch, or preservatives.

One capsule 1/2 hour before bedtime on an empty stomach, as a dietary supplement.

Releases approximately 1.5 mg of Melatonin in the first hour and the balance over the next five hour period.

Individuals under a physician's care, pregnant and lactating women or those considering pregnancy should consult their health care practitioner before using.

Formulated with Enhance™
metabolite uptake enhancers.

PR 1356