

# Brain Flex™

dietary supplement

30 VEGETARIAN TABLETS



## Supplement Facts

Serving Size: 1 Vegetarian Tablet

| Amount Per Serving                                        | % DV† |
|-----------------------------------------------------------|-------|
| Vitamin C ..... 5 mg                                      | 8     |
| (as 12.5 mg of ascorbyl palmitate)                        |       |
| Folic Acid ..... 50 mcg                                   | 12    |
| Vitamin B12 (100% as dibenzoyl)..... 50 mcg               | 833   |
| L-Glutamine ..... 75 mg                                   | *     |
| Acetyl-L-Carnitine ..... 50 mg                            | *     |
| DMAE (dimethylaminoethanol) ..... 50 mg                   | *     |
| Ginkgo Biloba Standardized Extract..... 50 mg             | *     |
| (24% ginkgo flavonoid glycosides and 6% terpene lactones) |       |
| L-Pyroglutamate ..... 50 mg                               | *     |
| Choline (from choline bitartrate) ..... 35 mg             | *     |
| Gotu Kola Extract ( <i>Centella asiatica</i> )..... 25 mg | *     |
| (standardized to 10% Asiaticosides)                       |       |
| Hawthorn Berry ( <i>Crataegus laevigata</i> )... 25 mg    | *     |

| Amount Per Serving                                   | % DV† |
|------------------------------------------------------|-------|
| Korean Red Ginseng Root..... 25 mg                   | *     |
| ( <i>Panax ginseng</i> )                             |       |
| L-Taurine ..... 25 mg                                | *     |
| Royal Jelly Extract ..... 25 mg                      | *     |
| (contains minimum 1.6% 10-Hydroxy-2-Decenoic Acid)   |       |
| <i>Eleutherococcus senticosus</i> ..... 25 mg        | *     |
| Root 50:1 Extract                                    |       |
| Phosphatidyl Choline ..... 25 mg                     | *     |
| (from soybean lecithin)                              |       |
| Phosphatidyl Serine ..... 15 mg                      | *     |
| Coenzyme Q10..... 10 mg                              | *     |
| L-Serine..... 5 mg                                   | *     |
| Ginger Root ( <i>Zingiber officinale</i> )..... 3 mg | *     |
| Bioperine® ..... 1 mg                                | *     |

† - % Daily Value \* - Daily Value Not Established

Other Ingredients: Cellulose, deep mined calcium phosphates, fructose, vegetable stearates, orange juice, magnesium stearate, silica, and nicotinate.

NO salt, yeast, gluten, milk & egg products, sucrose, starch or preservatives.

One to two tablets daily, as a dietary supplement.

Bioperine® is a registered trademark of Sabinsa Corporation.

Contains soy, from lecithin.

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