



Suggested Use: Consume 1-4 scoops depending on your calorie and protein requirements. For each scoop, add 4-8 ounces of cold water, milk or your favorite beverage to a shaker cup or blender and mix for 30-45 seconds. Vary the amount of liquid to meet your desired taste and consistency. Using nonfat milk instead of water will give you a thicker, creamier shake.

Between Meals: Consume between meals to maintain positive nitrogen balance and support a high-calorie diet. †

Post-Workout: Consume 30 minutes following exercise to replenish glycogen and support maximum recovery. †

HIGH CALORIE ENHANCED PEPTIDE EXTREME MASS GAINER PROTEIN

Extreme Mass uses a scientifically advanced protein formula that feeds your muscle with 53 grams of amino packed protein in a steady stream lasting up to 3 hours. 70% of the total protein comes from pure WPC 80 for quick absorption into muscle, and 30% comes from pure Micellar Casein for sustained release protein absorption. †

- NO INFERIOR PROTEINS
- NO GLUTEN or SOY
- NO ION EXCHANGED WHEY
- NO TRANS FAT or DEXTROSE
- NO PROPRIETARY BLENDS
- NO HIDDEN INGREDIENTS
- NO FILLERS or EXCIPIENTS
- NO BANNED SUBSTANCES

HIGH CONCENTRATION OF BCRA's & AMINO ACIDS

Shown is the typical amino acid profile per serving which is derived from whey protein and micellar casein only. Absolutely no ingredients have been added to spike protein values.

Essential Amino Acids (EAAs)	Conditionally Essential Amino Acids (CAAs)	Nonessential Amino Acids (NAAs)
Vitamins	Arginine 1466mg	Aspartic Acid 4905mg
Valine ** 3216mg	Cysteine 71mg	Serine 2563mg
Threonine 3115mg	Tyrosine 2028mg	Glycine 1844mg
Isoleucine ** 3263mg	Histidine 1148mg	Alanine 2194mg
Leucine ** 5185mg	Proline 4031mg	
Lysine 4481mg	Glutamic Acid 5769mg	
Phenylalanine 1906mg	(Glutamic Precursor)	
Methionine 1150mg		

** Branched Chain Amino Acids

NUTRABIO

BUILD | REPAIR | GROW †

EXTREME MASS

ADVANCED ANABOLIC MASS GAINER †

- NO FILLERS
 - NO EXCIPIENTS
 - NO TRANS FAT
- 650 Calorie Carb Formula
High Concentration of BCAAs
Complete Spectrum Amino Acid Profile

18lb
Natural Flavoring
Dietary Supplement
Net Wt. 18 lb (8166 g)

MADE IN OUR
GMP
&
FDA
INSPECTED
FACILITY

53G
PROTEIN

11G
BCAAs

NON-GMO
®/D

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Supplement Facts

Serving size: 4 scoops (174.1 grams)
Servings per container: 47

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories 658		Iron 1mg	81%*
— Calories from Fat 55		Phosphorus (potassium phosphate) 407mg	407%*
Total Fat 8g	8%*	Iodine (potassium iodide) 237mcg	134%*
— Saturated Fat 4.5g	22%*	Magnesium (magnesium oxide) 126mg	30%*
Cholesterol 115mg	38%*	Zinc (zinc citrate) 15mg	100%*
Total Carbohydrate 180g	33%*	Selenium (selenium chelate) 70mcg	100%*
— Dietary Fiber 8g	20%*	Copper (copper oxide) 2mg	100%*
— Sugars 8g	†	Chromium (chromium nicotinate chelate) 120mcg	100%*
Protein 53g	100%*	Sodium 187mg	8%*
Vitamin A (retinolate) 5031IU	100%*	Potassium (potassium phosphate) 482mg	13%*
Vitamin C (ascorbic acid) 68mg	100%*		
Vitamin D (cholecalciferol) 4000IU	100%*	Multivitamin (Long Chain Polyunsaturates) 10g	†
Vitamin E (d- α -tocopheryl acetate) 300IU	100%*	Whey Protein Concentrate (WPC 80) (non-denatured) 47.7g	†
Vitamin H (biotin) 80mcg	100%*	(27% casein from milk and ultra-filtered WPC80. Cold processed. Inactivated with surface sterilization. Yielding 21% complete protein.)	
Thiamin (thiamine mononitrate) 1.6mg	100%*	Micellar Casein 19.8g	†
Riboflavin (Riboflavin) 2.1mg	124%*	(Cold processed. Inactivated with surface sterilization. Yielding 10% complete protein.)	
Vitamin B3 (niacinamide) 20mg	100%*	MCT Powder (Medium Chain Triglycerides) 6.5g	†
Vitamin B6 (pyridoxine HCl) 2mg	100%*	Digestive Resistant Maltodextrin 5.4g	†
Folic Acid 400mcg	100%*	Flavor Profile 2.87g	
Vitamin B12 (methylcobalamin) 6mcg	100%*	(natural cream powder 2.1g, natural & artificial flavor 50mg, vanillin 5mg, oil 30mg, natural vanilla bean 10mg)	
Biotin 80mcg	100%*		
Pantothenic Acid (Panther B5) 15mg	100%*		
Calcium 694mg	89%*		

Other Ingredients: ABSOLUTELY NONE.

Allergens: Milk, Kosher, Non-GMO, Gluten Free, Soy Free, & GSE/USE Free.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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