

Suggested Usage: Chew and dissolve before swallowing 1 tablet under the tongue per day or as directed by a health professional. Keep out of reach of children.

Methylcobalamin is active immediately upon absorption, while other forms (e.g., cyanocobalamin) must be converted to methylcobalamin in a two-step process. Methylcobalamin demonstrates exceptional activity in areas where other forms are simply not active. B12 supplementation is recommended for vegetarians and those suffering from B12 deficiency.*

All Natural Factors products are manufactured in accordance with the Government of Canada's Good Manufacturing Practices (GMP), among the highest standards in the world.

Contains no artificial preservatives, color or sweeteners; no corn, gluten, soy, starch, wheat or yeast. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place. Protect from light.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed by NATURAL FACTORS
1111-80th St. SW, Ste. 100
Everett WA, USA 98203

 Recyclable container

**Purity & Potency
Guaranteed**

LOT & EXPIRY 1.3125" x .25" Single Line

DIETARY SUPPLEMENT

**natural
Factors**

B12

Methylcobalamin

High Potency

5000 mcg

60 Chewable Tablets

SUPPORT FOR NERVE FUNCTION,
ENERGY PRODUCTION & RED BLOOD CELLS*

DIETARY SUPPLEMENT

B12

Methylcobalamin

BIOLOGICALLY ACTIVE
FORM OF B12

Quick Dissolve

60 Chewable Tablets

**natural
Factors**

5000 mcg

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	5000 mcg	83.333%

Other ingredients: Lactose (from milk), cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).



R2

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Manufactured by Natural Factors to ensure safety and potency in accordance with Good Manufacturing Practices (GMP) of the FDA and Health Canada.

Contains no artificial colors, preservatives, or sweeteners; no starch, wheat, gluten, yeast, soy, corn, egg, fish, shellfish, salt, tree nuts, or GMOs. Suitable for vegetarians. Sealed for your protection. Do not use if seal is broken. For freshness, store in a cool, dry place.

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Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B12 (methylcobalamin)	5000 mcg	83.330%

Other ingredients: Lactose (from milk), microcrystalline cellulose, croscarmellose sodium, magnesium stearate (vegetable grade).

PRODUCT OF CANADA
Manufactured by Natural Factors Canada
Distributed By NATURAL FACTORS
14224 167th Avenue SE
Monroe, WA 98272

 Recyclable container and label.

**Purity & Potency
Guaranteed**