

 *Health through the power of nature,
that's what it means to Trust the Leaf.®*

Melatonin is a hormone produced by the pineal gland that helps regulate the sleep cycle and promote restful sleep.* Our Melatonin is carefully tested and produced to superior quality standards.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing.

GLUTEN FREE. No sugar, salt, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

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Questions? 1-800-9NATURE / naturesway.com

 **VEGETARIAN**

◆ LN49111.02 BLK8234



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREMIUM



QUALITY

Melatonin Lozenge



**PROMOTES
SLEEP***

100 Lozenges / 2.5 mg Potency

DIETARY SUPPLEMENT

Recommendation: Adults take 1 lozenge daily. Dissolve in mouth and swallow. Best taken before bedtime.

Warning: Do not use this product unless advised by a healthcare professional if you are pregnant, attempting to become pregnant, or nursing; if you are taking any medications; or are being treated for depression, autoimmune, endocrine, diabetes, blood clotting, or seizure disorders. Do not take melatonin while operating a motor vehicle or machinery and do not exceed suggested dose without the advice of a healthcare professional.

Supplement Facts

Serving Size 1 Lozenge

Amount Per Serving		% DV
Total Carbohydrate	0 g	<1%†
Sugars	0 g	**
Sugar Alcohol	0 g	**
Melatonin	2.5 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sorbitol, natural flavor, magnesium stearate