

## meetyourherbs?

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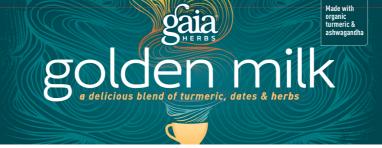
daily mixed into any warm milk of your choice. Not for use during pregnancy or lactation. If you

have a medical condition or take medications, please consult with your doctor before using this product. Keep away from children. Store out of direct sunlight and in a cool, dry place.

100% Vegan Gluten-free Purity-tested

Suggested Use

Adults take 1 teaspoon once



## Supplement Facts Serving Size 1 Teaspoon (3.5 g) Servings Per Container 30

Amount % Daily Per Serving Value

Calories Total Carbohydrate less than 1 g Golden Milk Vegan Blend 2,219 mg Turmeric root ▲ (Curcuma longa). Date Palm fruit ▲ (Phoenix dactylifera). Cardamom seed 🛦 [Elettaria cardamomum]. Ashwagandha root 🔺 (Withania somnifera). Vanilla bean 🛨 (Vanilla planifolia), Black Pepper fruit ▲ (Piper nigrum)

\* Percent Daily Values are based on a 2,000 calorie diet.

+ Daily Value not established

Other ingredients: Organic maltodextrin (non-GMO) Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

POWDERED TURMERIC SUPPLEMENT | NET WT 3.7 oz [105 g] | VEGAN & DAIRY-FREE

▲ = Organic ingredient 🛨 = Ecologically harvested Certified Organic by Oregon Tilth

Amount % Daily

Per Serving Value